

# TEEN MOM VS. TEEN DAD



**TEEN MOM:  
JAICYN WILSON**



**TEEN DAD:  
ALEK GISH**

**DISCLAIMER:** *These individuals are NOT together. This article was written purely to inform.*

**Q: Being a teen parent, how do you feel about teen pregnancy?**

**A:** I think it has a bad light shed on it compared to what it actually is. You'd be surprised at how things work out. It's a change in direction and it's a negative outlook but when you have the baby it completely changes everything.

**Q: What are your plans after high school?**

**A:** I'm going to DMACC for two years while my boyfriend (Tony) is finishing college. By the time he finishes we are going to move to Arizona for a scholarship that [Arizona State University] is willing to hold for me for music. I want to be music therapist.

**Q: How did you react to the news?**

**A:** I cried. I was very scared at first because I had all these plans and graduating on time with my class. Life change comes with adjustment. After the first two months I got organized, got to work and got in touch with programs that would be able to help me get ready.

**Q: How did you tell your parents?**

**A:** I called my dad right after I found out and he said, 'Are you really? You've got this. I know you can do this.' It's really good to have him as a support system. I told my mom face-to-face and she didn't handle it very well. I knew how she was going to react but I brushed it off because I expected it.

**Q: Has your opinion changed since?**

**A:** I've always had the same opinion, it's something hard to do but it can be done. I don't believe in abortion.

**Q: Being a teen parent, how do you feel about teen pregnancy?**

**A:** It's a growing issue for a lot of people now but still isn't socially acceptable, however, it is life and it will happen eventually. There are good outcomes, for example, like your grandparents are getting older, but they still get the opportunity to watch their great grandchild grow. It's an amazing experience.

**Q: What are your plans after high school?**

**A:** I plan to go to DMACC and get a business degree and start my own business, like a little kiosk or something that sells clothing or up-to-date fashionable items.

**Q: How did you react to the news?**

**A:** I was scared, I'm not going to lie. But once we got into it, you know once my girlfriend started looking at clothes and toys and stuff like that, I got a feeling in my stomach like this is pretty cool. It took some time to get used to knowing that you got a son or daughter at that time and he relies on you. It's a lot of pressure.

**Q: How did you tell your parents?**

**A:** I actually didn't tell my parents. Her mom told my parents. Her mom found out first and I was terrified because my dad is very aggressive. So I was like 'can you tell my parents?' and she was like 'sure, if that makes it better'. So she did and they reacted better than if I had just told them.

**Q: Has your opinion changed since?**

**A:** There were teen parents in my grade and I thought it was crazy, but now it's different. I've realized stuff happens, it's okay.

# WHERE YOU CAN GET MORE INFORMATION

## Visiting Nurse Services(VNS): (515)-288-1516

-  Nutrition
-  Doctor visits
-  Women in Crisis
-  Housing
-  Prenatal Vitamins

## Young Womens Resource Center: (515)-244-4901

-  Focuses on education

### Counselors at North

Nurse Terri Kruse



“ They aren’t the first people to have this happen to them and they aren’t the last. The most important thing is that to be successful, you have to ask for help and be willing to accept the help. Whatever you wanted to do before being pregnant you can still achieve after. ”

-Nurse Terri Kruse

## CRAZIEST MOMENT OF PARENTING

“I think the craziest thing was when my child first kicked. I was lying in bed. I didn’t feel good and she kept kicking. I think it’s the small things. You see your stomach getting bigger, and going to the doctor, and getting ultrasounds.” -Jaicyn Wilson

“One of my craziest moments happened a couple of weeks ago. I was at a chorus recital for my girlfriend, and I didn’t notice it but my son had pooped all the way up my shirt and all up his back. He had sat in it through the whole thing. I had no idea until I got up and my whole shirt was just covered and it stunk.” -Alek Gish

Design/Story: M.Houska/ A.Primrose/  
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