

# Run to Achieve

The Race is On.



Seth Greiner, 11, competes in discus and shot put. His best throws of the season were 119-00.00 in discus and 46-06.75.



Margo Chipps, 10, competes at state for the 100 meter hurdles and the 4x100 Meter Shuttle Hurdle Relay. She also runs the 400 Meter Hurdles.



Belle Hudnut, 9, mostly runs the 100 meter hurdles but will sometimes run the 100 meter dash.



# Run to Live. Live to Run.

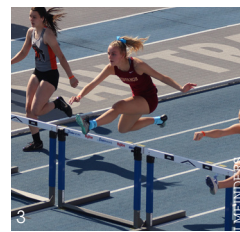
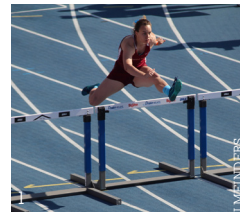
Mustangs in Motion.

1. Lilli Baird (left) is holding fellow sophomore Celeste Wagaman's (right) blocks before she competes in the distance med.
2. This year is the first time foreign exchange student Fabio Sammet is running track. Fabio came to Iowa from Germany in 2018. When asked about his favorite part of track his answer was, "I get to feel like I'm Lighting McQueen." He is interested in attending a college in the U.S in the near future.
3. Senior Nick Buswell competes in the 4x110 meter shuttle hurdles relay.
4. Junior Cody Courtney runs both the 1600 Meter and the 3200 Meter. His fastest time in the 1600 is 5:59.57 and 12:28.69.
5. Sophomore Jacob VanWinkle runs the 4x200 meter. His main event is the 200 meter dash where his fastest time is 23.59.

# Seniors at Drake

One Last Time

1. Senior Megan Cowman runs the 100 meter hurdles. She competes in State Track in the 4x100 Meter Shuttle Hurdles Relay.
2. Senior Payton Strovers competes in the long jump. Strovers also competes in the 100 Meter Dash.
3. Senior Morgan Uhlenhopp competes in the 400 Meter Hurdles and the 4x100 Meter Shuttle Hurdle Relay with fellow senior Megan Cowman, Lexi Kuecker, 11, and Margo Chipps, 10.
4. Senior Cole Dustin, runs the 4x110 Meter Shuttle Hurdle Relay with junior Nigel Sperfslage, seniors Reed Worth and Nick Buswell. Dustin also competes in the high jump. This year Cole's fastest time is 15.64.



# Leave it all on the Track

Putting it all on the line

1. Senior Brenden Vanerpool runs the 3200 meter at the Pella Christian meet. Brenden also competes in the 1600 meter run. He also runs in the 800 meter.
2. Senior Payton Strovers (left) and Preston VanWyk (right) run the 100 meter dash at Simpson College. Strovers best time is 11.63. VanWyk's best time is 11.50.
3. Delaney Baird, 9, runs the 4x800 Relay. She runs this with Hannah McCarthy, 11, Klaire Jungling, 11, and her sister Lilli Baird, 10, who is pictured bottom right.

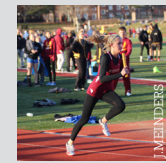


# Superstitious?

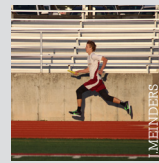
Dylan Masterson, 10, drinks 8 bottles of water in a day to stay hydrated on meet days when he runs. He drinks one Dasani water bottle every class period throughout the day.



Both sophomores Garin Padget and Dylan Masterson wear crazy and wacky socks for their track meets. They do this both for fun and because they believe it will help them win.



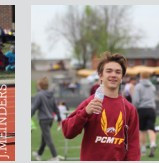
"Nick Jonas, at the end of the race we will be friends." - Celeste Wagaman, 10



"Thanos, I would try to take the Infinity Gauntlet." - Garrett Graber, 10



"Mrs. Grett because I would win." - Dylan Masterson, 10



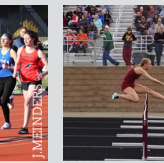
"Donald Trump, because I am speed." - Will Oelmann, 9



"Everleigh Soutas, because she is adorable." - Chelsea Baird, 9



"Cole Sprouse because it would be really funny." - Hannah McCarthy, 11



"Lolo Jones because she is fast as heck." - Morgan Uhlenhopp, 12

If you could race any famous person in a race, who would it be?