

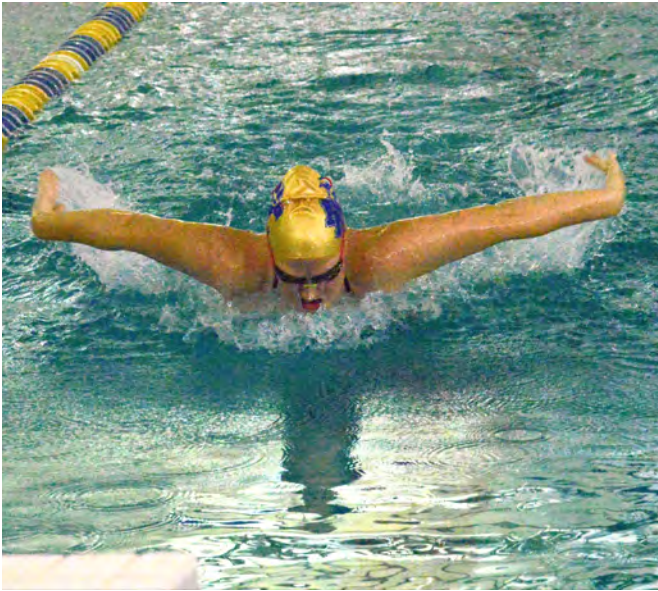
in an instant



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Passion to Finish Strong

With the finish line in eyesight, junior Devon Harris focuses on completing his run on the course at Central Dewitt High School. "Though the most difficult course was West Lake, Solon was my favorite course because it was flat and it was a good day for most of us. Everyone ran pretty decent times at the Solon course. I ran my best time of the season," said Harris.



Cat on the Fly

In Wildcat territory, sophomore Lauren Hayman propels herself to the finish line. "My favorite event was the 100 free; however, I swam the 100 fly because our butter flier was sick. I wasn't very happy to swim it, but was happy to step up for my team!" said Hayman.

Whether at the buzzer, on the last lap, or in the last seconds, athletes challenged themselves to finish strong as they dug deeply within to find that last burst of energy or final rush of adrenaline because through experience they were aware that scores can change in an instant.



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Putting with Purrfection

Measuring with precision, senior Carter Josund concentrates on sending the ball into the hole at Emeis Park Golf Course during Mississippi Athletic Conference competition. "Yea, definitely it went into the hole," said Josund who averaged 51.50 on course ratings according to Quick Stats Iowa.