

## WHAT IS YOUR FAVORITE WII SPORT AND WHY?

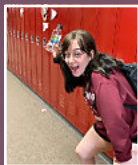
By Lauren McCollum



"My favorite Wii Sport is bowling. I get very competitive with it."  
- Junior Nate Ohman.



"My favorite Wii Sport is boxing because it is relaxing."  
- Junior Ben Hopkins.



"My favorite Wii Sport is tennis!"  
- Junior Sara De La Rosa

## SUPERWOMAN ON THE SIDELINES

By Maddie Speed



Reagan Light

Every day during wrestling season is a busy one for Mount Vernon Wrestling manager Reagan Light. Cleaning the mats after practice, recording meets, and tweeting out results are only a few jobs Light has to accomplish throughout the season.

The head wrestling coach at Mount Vernon is Light's dad, Vance Light. "My dad has me do a little bit more since I'm his daughter, but that's a given," Light said with a chuckle. The sport of wrestling has been with her

family for generations. Her dad won the state title twice and got elected into the Hall of Fame in 2016, and her older brother, Justin, was a state wrestler.

Light has been helping out the wrestling program since seventh grade. Her favorite part about being a manager is watching meets since she's passionate about the sport of wrestling. Light gets to spend all day or all weekend with other managers and the wrestlers. The greatest thing about meets to Light is seeing all the guys happy after putting in their hard work.

This past season, the wrestling program suffered a major loss and a major voice. Light's mom, Marsha, died of a long battle with cancer in November of 2018. The wrestling team, as well as the community of Mount Vernon, came together to support the Light family.

"It's really cliché to say, but we're actually like a family," Light said regarding the wrestling program. The senior boys came to visit Marsha during her last few weeks of life. At the funeral, the whole team walked together to honor Marsha. This season, Marsha's cheers were missing from the stands, but she was not absent in their hearts.

Would Light ever wrestle if she had the chance? "If I would've started when I was younger, I would. But if I started now, I wouldn't."



Caston Drahos



Audi Eichhorn



Paige Emig



Noah Erickson



Tyler Fall



Alexis Flockhart



Aubrey Frey



Arnulfo Galvan



Kyleigh Garcia



Ashley Grice



Reilly Gross



Mattie Hansen



Zachary Hartman



Joshua Haugse



Gracie Hill



Ryley Hoffman



Aydan Holub-Shultz



Danielle Homrighausen





Benjamin Hopkins



Garrett Hormann



Philip Hyde



Sydney Jayne



Dominic Jiacinto



Derek Jordan



Jacob Kamerling



Caleb Keen



Logan Kelly



Aleena Klawiter



Sophie Klotzbach



Jack Kragenbrink



Colter LaFollette



MaKayla Lee



Annie Leopold



Reagan Light



Tryston Locke



John Loewe

## TRAINING MAN'S BEST FRIEND

By Adam Vig

Junior Adrian Dale is known for competing at national fencing and playing keyboard in the pit for the Marching Mustangs. However not many people know though that he is quite good at training man's best friend.

Since seventh grade, Adrian Dale has been training dogs to participate in competitions. Over the years, he has had two dogs go to competition with him, Lucy, a small, black and white border collie mix, and Luna, a small, black and white terrier mix.



Adrian Dale

"I made a deal with my mom to train a dog and do something with it," said Dale. "I just wanted it to be a summer activity, you know, something to do."

As Dale took his dogs to many competitions, he found out he had to compete in three different events: obedience, where the trainer gives basic commands like sit and stay; Showmanship, where the trainer has to walk the dog around while looking their best, then answer questions about themselves and their dog; and Agility, Dale's favorite, where the trainer's dog has to complete an obstacle course running and jumping through hoops, tunnels, and seesaws.

"I train my dogs at my house and at the 4H fair grounds once a week," Dale said. "There are always helpers and dog trainer veterans at the clinics."

So far Dale's dogs have won four trophies and eight ribbons. Trophies are for first place and ribbons are anywhere from second to 10th place. The first award he won was the first place showmanship trophy and agility ribbon at one of his first competitions. "The first year I won showmanship I didn't think I'd do as well as I did," Dale said.

With the many competitions, Dale has embraced a few perks that dog training gives, a well trained dog, and with every win, the sweet feeling of money. Dale has earned as much as \$50 from a competition.

Dale's favorite part of training dogs is training the dogs to go through the tunnels. The dogs were always be hesitant at first until they got used to the feeling of the dark tunnel.

"You have to be patient, your dog will not always listen and you have to grow a bond with it," said Dale. "you will need lots of rewards and only give them short commands."

Dale would never give up his moments of training dogs for anything. If he stopped doing competitions, he said he would never forget the journey that he and his dogs have made.

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