



**Above:** Freshman Lincoln Holub takes down his opponent at the state tournament. Photo by Aydan Holub-Schultz. **Below:** Senior Ryan Clark wrestles in his state quarterfinals match against his Grinnell opponent. Photo by Aydan Holub-Schultz.



**State Champion:** Senior Paul Ryan works to take down his opponent Jackson Kinsella from Creston in the quarter-finals. He won the match by decision 46-6. Ryan finished the season 43-0 and won the class 2A 170 pound state championship. Photo by Aydan Holub-Schultz.



**Above:** Senior Mitchell Louwagie works to get his two point takedown against Casey Koppes from Cascade. Photo by Paige Zaruba.

### Season's Scores

Team	Us-Them
Independence	28-41
Benton	64-15
Williamsburg	29-36
West Delaware	13-49
Beckman	51-27
Wilton	57-18
Lisbon	24-43
Central DeWitt	35-33
Maquoketa	72-6
Vinton-Shellsburg	45-28
Solon	21-43
Marion	61-13
New Hampton	19-44

### State Places

Lincoln Holub	Qualifier
Ryan Clark	Qualifier
Paul Ryan	State Champion



**WRESTLING.** *Front Row:* Cael Crawford, Henry Steine, Walker Lawrence, Arnie Galvan, Jaruthat Dervo, Anoop Boyal, Lincoln Holub, Jake Coon, VJ Boyal. *Row 2:* Mitchell Louwagie, Andrew Louwagie, Ryan Clark, Kayden Pendergrass, Garret Akers, Seth Moore, Tyler Stine, Max Shady, Nick Casey, Josh Hauge. *Back Row:* Coach Aaron Truitt, Jon Barns, Joe Hunter, Paul Ryan, Nolan Hinrichs, Kean Kamerling, Keaton Dennis, Mathew Erlandson, Luke Wade, Trenton Pitlik, Coach Todd Murakawa, Coach Vance Light.

# WRESTLING

## CAPPING OFF A PERFECT SEASON

### Wrestlers compete at state tournament

Story by Reagan Light

Senior Paul Ryan ended his wrestling career on top of the podium Saturday Feb. 16. After many years of hard work, Ryan was finally crowned the 2A-170 state champ. Ryan completed the season with a perfect record of 43-0.

"I always knew when I stepped into high school, that I wanted to follow in the footsteps of my older brother Trey, and be a state champion," said Ryan.

One reason is because of how tough the sport is. "Practices stink, tournaments can last all day, and it is just a really hard sport, but I think it makes people tougher for the real world. Like Dan Gable said, 'Once you have wrestled, everything else in life is easy,'" said Ryan.

Throughout the state tournament, Ryan won by fall

in round one, in a time of 1:22, to Bryce Vande Weerd of Central Lyon-G-LR. Then in the quarterfinals, he won by decision 5-2 to Jackson Kinsella of Creston. In the semifinals, Ryan faced Wyatt Voelker of West Delaware. He succeeded with a 8-5 victory which punched his ticket to the finals where he won 4-2 against Sage Walker of Eddyville-Blakesburg-Fremont.

Mount Vernon's last undefeated state champ went all the way back to Matt Kroul in 2004, when he went 39-0 and was crowned first at 275. Ryan had the perfect season with a 43-0 record and was ranked number one all season.

After winning his final match Ryan was ecstatic. He jumped into the arms of his coach, Vance Light, and screamed for joy. "I don't think I've ever been so excited. It was pure joy," said Ryan.

### By the Numbers

[Ryan Clark- Senior]

35-6 Record

303 Match Points

88 Takedowns

14 Pins



Ryan Clark

TRIM LINE

TRIM LINE



1. Sophomore Kean Kamerling holds his opponent Zeke Webb from Sigourney-Keota in a cradle as he pins Webb at the Mount Vernon Invitational on December 7. Photo by Aydan Holub-Schultz. 2. Senior Nolan Hinrichs pins his opponent Gavin Bird of Sigourney-Keota in his match at the MV invite. Photo by Paige Zaruba.

3. Paul Ryan gets a first period pin against Brock Beesecker of Wapsie Valley at the MV Invite. Photo by Aydan Holub-Schultz. 4. Junior Arnie Galvan, attempts to put a leg in against his Dyersville opponent. Photo by Paige Zaruba. 5. Kean Kamerling works a bar arm against his Wilton opponent. Kamerling was a district qualifier. Photo by Jorie Randall.

