

# SUMMER POPSICLES

COMPILED BY DENIZ INCE

Although spring came late, summer is already in full swing. Savor your days off by the poolside with these easy-to-make, fruity popsicles.



## PERFECT PEACH

### INGREDIENTS

2 cups water  
2 peaches  
2 tablespoons honey  
2 tablespoons lemon juice

### DIRECTIONS

1. Combine water, diced peaches, honey and lemon juice and blend until smooth.
2. Pour into popsicle molds and place in freezer.
3. Insert popsicle sticks after about one hour.
4. Let sit in freezer for at least four hours. Enjoy!

*Recipe adapted from Tastemade*

## BLUEBERRY BLAST

### INGREDIENTS

1/4 cup apple juice  
2 tablespoons honey  
3 cups frozen blueberries  
2 tablespoons lemon juice

### DIRECTIONS

1. Combine ingredients in a blender and blend until desired consistency.
2. Pour into popsicle molds and place in freezer.
3. Insert popsicle sticks after about one hour.
4. Let sit in freezer for at least four hours before eating.

**Note:** Use the same recipe to make smaller ice pops. Simply pour blended mixture into an ice tray and insert toothpicks. Freezing time may vary.

*Recipe adapted from Food Network*

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