

# On a new path Seniors break the norm

by senior Payton Sherwood

For most, senior year is a year of lasts- Last first day, last high school dance, last football game, etc. But for two seniors, it's a year of firsts.

Senior Austin Kahler is one of those seniors. Kahler has been involved in wrestling since first grade and baseball since third. But he chose to give up both in junior high.

"I no longer felt connected to the sport(s) or my teammates," said Kahler. "I just felt like I could spend my time more wisely."

For Kahler, this meant putting more time into his academics and the workplace.

Over this summer, when Kahler wasn't working at Target in Waterloo, he started running daily to stay in shape... no matter how much he DIDN'T want to.

"I've never liked running," admits Kahler.

But despite how he felt, Kahler consistently ran.

Later that summer, Kahler was approached by Cole and Collin Luck, as well as Lucas Lubben. These fellow seniors showed him the high school cross country team's summer training and urged him into joining the team. Kahler did just that.

"As I practiced, suddenly those three miles weren't so bad," said Kahler.

The more he ran with the team, the more enjoyable it was.

**Kahler**

"I started to think less of the running when I became part of a team. They make a not-so-fun exercise enjoyable and easy to get through."

Kahler isn't the only senior influenced by friends to join cross country. Senior Jacob Kuhn, who is a lead percussionist in the award-winning jazz band, is known more for his beats than

what he does on his feet. Despite having a 7-year career on the basketball court, he gave up athletics until this fall.

"It was really just a spontaneous decision," said Kuhn. "(My friends) told me to try it, so I did."

To Kuhn, this was his chance to defy the norm.

"I feel like some seniors tend to just ride out our last year of high school," said Kuhn. "The way I see



**Kuhn**

it, it's my last chance to try something new so I might as well give it a shot!"

Like Kuhn, Kahler hopes that his actions inspire others to be daring.

"I hope in doing this I can be a role model to the underclassman," said Kahler, "and show them that it's never too late to try something new."



**boys cross country team**

photos by junior Lexi Bergmeier

## SNOOZEFEFEST

Hudson High School students share their early morning confessions.

by junior Klaire Krapfl

**8%** use 4+ alarms to get up in the morning

"I DON'T SET ANY ALARMS because my parents wake me in the morning."

-freshman Madelyn Fish



**5%** hit snooze 4+ times in the morning

"I'm so tired that I SLEEP THROUGH (MY ALARMS)."

-junior Alexis Schares

**14%** take 45 minutes to get ready

"I shower, MAKE COFFEE AND ENJOY A CUP WHILE I'M GETTING READY. I rarely get my outfit together the night before so that typically adds to my morning routine."

-high school Spanish teacher Dawn Frye



## WAKE UP CALL

**7%**

of students polled wake up

between  
**5:00 - 5:30 A.M.**

- "My bed is too COMFORT-ABLE."
- "I don't get enough SLEEP."
- "I was up too late doing HOME-WORK."

Top Reasons For Struggling to Get Out of Bed:

- "I'm not a MORNING PERSON."
- "I'm tired from SPORTING EVENTS the night before."

**46%**

of students polled wake up

between  
**6:30 - 7:00 A.M.**