

1. **Stay Hydrated** At marching band camp over the summer, members of the marching band practice their routine while holding their water bottles in place of their instruments. A number of middle school students played with the Marching Blue Devils, and many freshmen joined before they officially got to high school. "Summer band gives us an idea of what the season is going to be like. It is basically an overview of what we will be going against this season," said **Annabelle Gillespie ('21)**. (S. Holtam)

2. **Work Ethic** At a meet in George Marshall Gym, **Raymond Robinson ('22)** starts to wrestle against a West opponent. Many wrestlers had to cut weight and needed a lot of dedication to their sport in order to succeed. "West had a decent team. As a team, we are decent, and the bonding has gotten better. Everyone's work ethic has gotten better," said Roberson. (S. Holtam)



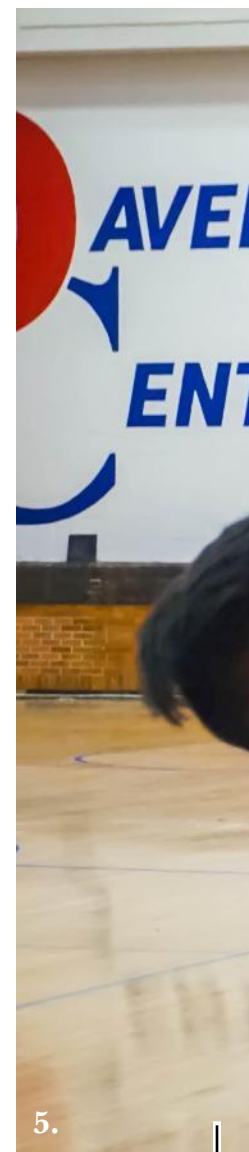
These are our...
PEOPLE



**"My friends make Central feel like home because if they weren't here, it just wouldn't be the same."
 -Rex Camp ('23)**

All of the students and staff at our school are the reason why Central is **OUR HOUSE**. Whether you are a freshman, sophomore, junior, senior or staff member, we are a community of people who have created friendships with one another to make our school a great place to be. Each student's spirit and passion for the activities that they do is the reason why this is **OUR HOUSE**. From athletes to musicians to artists to gamers to cadets to scholars, people band together during the school year to make their own mark on **OUR HOUSE**. Together, we can get through anything. (M. Verdon)

5. **Let Me Hear Your Devil Spirit!** Cheering at an assembly for the spirit stick competition, **Andrew Park ('21)**, **Madeline Sottos ('21)**, **Ella Devlin ('21)** and other juniors lead their section in a chant. Cheerleaders and members of the dance team lead each section since they had already been on the gym floor for their performances. "I became a cheerleader because I like the connection it gives you with the crowd and the players, and it shows team spirit," Devlin said. (D. Davis)



3. **Dance Your Heart Out** At "The Big Dance" at North, Blue Vibrations competes against other schools' JV show choirs. Central brought both BV and Central Singers, Incorporated, the varsity show choir, to competitions all around the region. "I have been in show choir all four years of high school. It's going really well this season, and I'm having a fun time doing it," said **Sarah Hovey ('20)**. (J. Chavez)

4. **Express Yourself** During art class, **Haylie Conger ('20)** recreates a photo from her phone on her canvas. She painted Tyler Joseph, a singer from the band Twenty One Pilots, using a photo she took at a concert as a reference. "Creating art helps me express myself and helps me remember certain moments in life in other ways than photographs," Conger said. (M. Tague)



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