

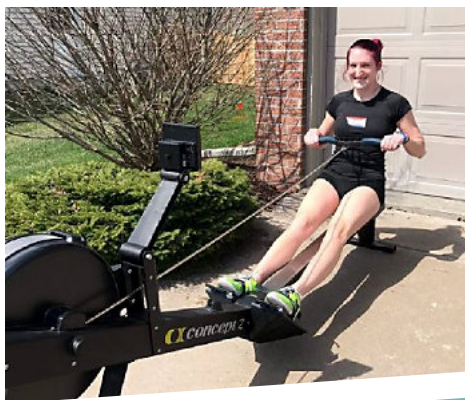
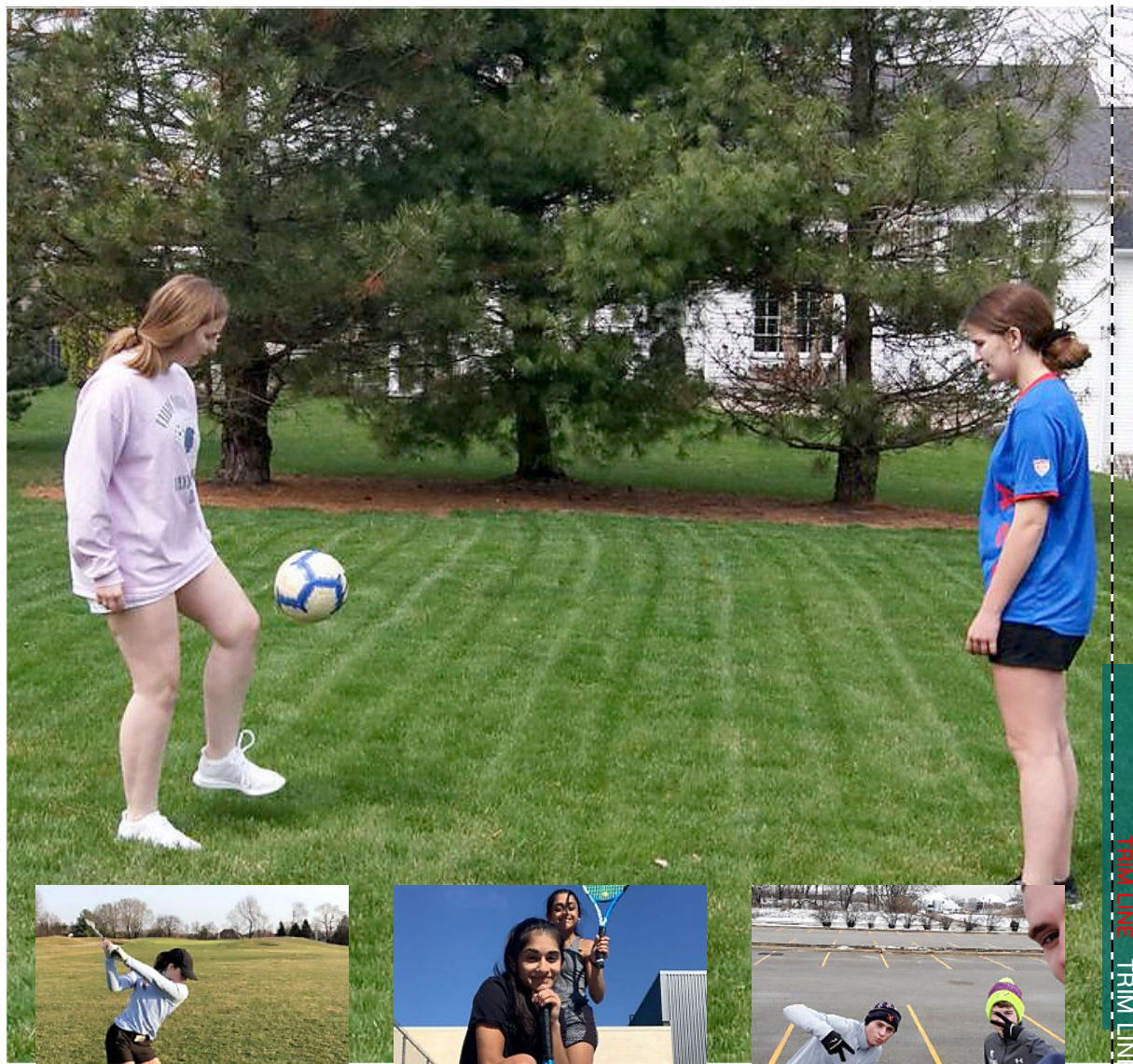
# Athletes Conquer Covid

*For a season that ended before it began*

## hold onto *the dream*

Due to the spreading Covid-19, many spring sports that had barely just begun were suspended to reduce the risk of further contamination. Although academics were able to be continued through online learning, spring sports were not. Covid took away a season of sports and broke the hearts of many students. Whether it was soccer, track, tennis, golf or trap shooting, the pandemic greatly affected athletes who were looking forward to this season. For some students, this season was supposed to be their last time competing for PV. For others, this season was detrimental to their future career in the sport. And for the rest, this lost season brings sadness drawn from missed moments with their team who they consider family.

Although spring sports were all faced with sadness, many students took the opportunity to better themselves as athletes and hold onto their dreams. While practicing safe quarantine precautions, students across all sports tried their best to stay active and continue training. At a safe distance, these athletes continued to train even when the season's fate seemed grim. Whether they practiced sprints on a treadmill or worked on form, many students were determined to not let Covid-19 take away their loved sport.



Customer is allowed to have objects outside of the margin.

TRIM LINE

TRIM LINE

*"It's an honor to be named writer of the year because it reflects the time I have put into my writing over the years and how much I have enjoyed it"*

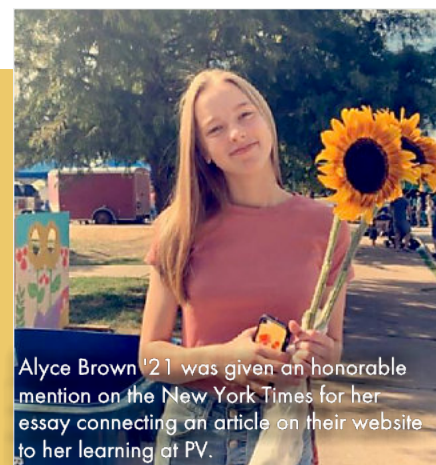
-Maria Vaaler '20

### Celebrating Journalism

The Spartan Shield became a finalist for the 2020 News team of the year. Additionally, Maria Vaaler was named 1st place Writer of the Year in the state. Grace Halupnik, Sam Rothbard, Hannah Lederman, and Caitlin Crome were each named IHSPA Scholars, an incredible honor that was awarded to only 19 seniors in the state this year. Alyce Brown, Ella Litchfield and Ingrid Hofmann were each finalists for the Emerging Journalist award.



Genevieve McShane '21 was named a 2020 Dean's List Finalist for FTC



Alyce Brown '21 was given an honorable mention on the New York Times for her essay connecting an article on their website to her learning at PV.





Senior Olivia Schilling says, "As hard as this is for everyone, especially our seniors, I am forever grateful for this team. We are relentless and we never give up. That's just PVGTF."

# Shoutout to SENIORS

celebrating seniors that never got a chance to shine

## CHASING DOWN THE Dream

PV students dream big, knowing hard work and determination can get them anywhere. Here's how these Spartans are chasing their dreams.

### Dreams

#### are as easy as 1, 2, 3



"No one is sure what is going to happen with this season, but I want to be ready if meets come. We may not have a complete grasp of the situation, but we can do our best by being prepared!"  
-Natalie Carslake '22



"It's important to continue training because we've already put in so much effort. To give up at this point, while we still may have a season, would be throwing all the hard work, dedication, and positivity that that team has already achieved."  
-Lydia Swanson '23



"Maddy and I have been running together because it's a good way to stay in shape, push each other to get better, and prepare ourselves for the season in case school starts again."  
-Amanda Peterson '22

### #CarryTheShield

PVGTF members posted pictures training during quarantine with #carrytheshield. All their posts on social media represented unity of the team, even when not together. "I developed the #CarryTheShield mantra from a professional/Olympic development training group I follow. Because of our Spartans name, carrying the shield became more than a slogan. It meant more about what we represent as a family as a team. We stand behind the shield as one unit, but also in Spartan lore, when one goes down, another Spartan comes along and carries their shield for them."

-Coach Kenny Wheeler



Sara Hoskins

It would be heartbreaking if the season ends up getting canceled. I know I am lucky to have been able to put on my uniform while others in tennis, soccer, and softball never got that opportunity. I did have a lot of goals for myself and knowing I may not get to achieve them is something I haven't fully accepted yet.

Adrian Swanson

"As a senior none of us know what the season will look like but I think it's important for us to keep training and a positive attitude so that we can lead the team as so many seniors have done so well before. To think that we might not get the chance to take the field together one last time is devastating."



Ben Wilson

"Since all public places are closed, it's hard to find anywhere to workout and train for track. I've found different way of overcoming this problem. Covid-19 really made an impact on my senior season. Throughout these past years I would've never guessed my last season ending like this."

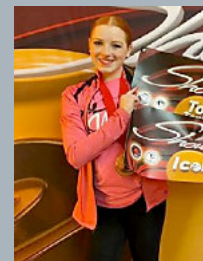
Kayla Nutt

"It is important to continue training during quarantine to stay in shape and stay motivated. It will be very sad if the whole season gets canceled. All the seniors have made contributions to the team for the past 3 years and it will be very sad if we don't get one last year to compete as a team."



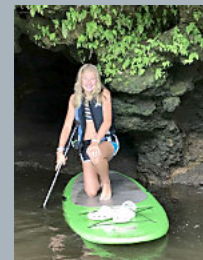
Grace Theilen

"I am really sad that I am not able to go out with my team and shoot because I have been looking forward to it ever since last season ended. Although it is sad that I am missing out on this season, I realize that life goes on and you just got to role with it."



Allison Gause '23

"My dream was to place for my solo for at least 2 of my competitions. I accomplished that goal this year."



Summer Halsey '22

"My dream is to travel the world and explore new places."

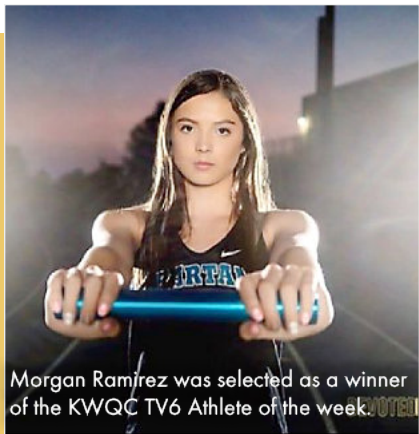
# AIMING FOR OUR DREAMS

celebrating students' amazing accomplishments

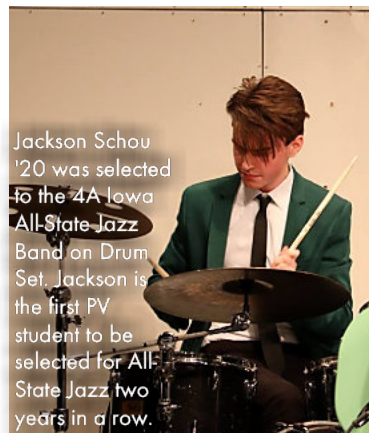
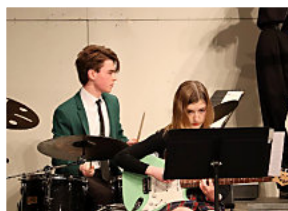
Covid-19 may have prevented students from leaving their houses, but it didn't stop them from achieving great things. While inside many students accomplished great things that deserve recognition. Every success a student has brings them one step closer to their achieving their dreams.



Natalie Carslake '22 ran a total of 26 miles in 26 hours with her family to stay active during quarantine.



Morgan Ramirez was selected as a winner of the KWQC TV6 Athlete of the week.



Jackson Schou '20 was selected to the 4A Iowa All-State Jazz Band on Drum Set. Jackson is the first PV student to be selected for All-State Jazz two years in a row.



Rebeca Guimaraes '22

"My dream is to become a successful person and travel a lot."