

Partners in Crime

Coed dance team receives first place State ranking

"We worked extra hard this year, and it definitely paid off." -Lily Taylor ('22)

"The pressure was on really strong, and I'm really glad we won." -Jackson Bloodworth ('22)



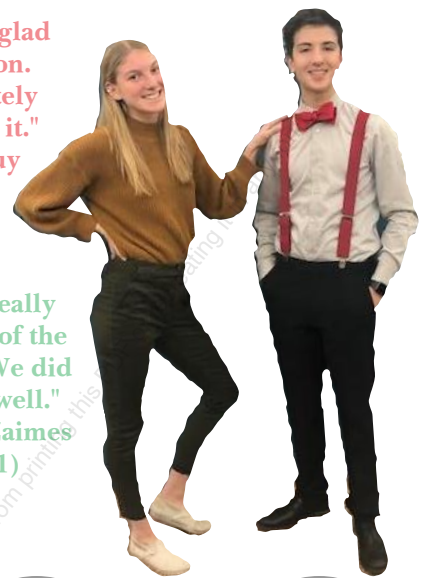
"We put in the work and reached our goals." -Henry Justin ('22)

"This win was really rewarding because we watched all of the other teams perform, and it was really nerve-racking." -Ciara Presson ('23)



"I'm really glad that we won. We definitely worked for it." -Bella Guy ('21)

"I'm really proud of the team. We did really well." -John Zaimes ('21)



Stepping out in STYLE

Varsity dancers discuss new uniforms

"I like our new uniforms more than the last ones because they define our movements and make us look better in general." -Emma Logas ('21)



Emma Logas



Garianna Clinton Nelson



Garin Clinton Nelson



Hannah Williamsen

Winning is great, but winning while looking good is even better. The varsity dance team decided to step up their look with new uniforms to show off at their performances and competitions.

Many of the dancers felt that the new uniforms enhanced their performances. "I like our new uniforms more than the last ones because they define our movements and make us look better in general," said Emma Logas ('21).

Several other dancers agreed that their uniforms made them stand out whether they performed at games or at competitions. "The new costumes are definitely eye-catching," said Garianna Clinton Nelson ('21).

Many of the team members agreed

that these uniforms were nothing like they had ever had before. "I think the new uniforms are very interesting and unique," said Garin Clinton Nelson ('21).

Some dancers felt the uniforms reflected the progress they had made as a team in recent years. Hannah Williamsen ('21) said, "A uniform means a lot for a dance team, and us getting this new one really shows how far we have come in just the past two years and how we're intensifying our competition this season."

Even though the dancers liked their old uniforms, many of them felt excited and ready to see the changes to their outfits. (T. Brown)

1. **Practice Makes Perfect** At the football game against Pleasant Valley, varsity dancers Andrew Park ('21), Madeline Sottos ('21) and Cassidy Gerdts ('23) perform their routine at half time. The dancers were then interrupted by the football team running back onto the field early on accident, but they dealt with challenges often. "Waking up for early morning practices is the biggest challenge of being on the dance team, especially three days a week," Jalynn Williams ('21) said. (L. Mayorga)





HERE and ready to CHEER

Cheerleaders
adapt to
different game
environments



Bella
Santry



Claire
Wheat



Madison
Carmoega

From pom-poms and bows to touching your toes - is that all cheerleaders are made of? High school cheerleading meant a lot more than just jumping around, and cheerleaders who cheered for more than one sport had to learn how to switch it up for different events.

Cheerleaders for football had to do stunts and cheers, but as the year went on, basketball cheerleaders also had to prepare to rev up the audience. "There are less people in the student section at basketball games, so we do more cheers with the crowd," said **Bella Santry ('22)**.

The different scoring for

basketball compared to football also affected the cheerleaders. "In basketball, players score points instead of the team, so we use a lot more numbers in our cheers," said **Claire Wheat ('22)**.

Wrestling cheerleaders also had to get creative with cheers in sitting positions from their location on the mat. "For wrestling, we're sitting on the mats and making beats or rhythms with our hands," said **Madison Carmoega ('20)**.

Whether cheering on the football field, basketball court or wrestling mat, cheerleaders had to adapt to changes year-round. (T. Brown)

2. Let Me Hear Your Devil Spirit! At the football game against North on Sept. 13, **Kailey Johnson ('21)** and **LilyAnne Heller ('23)** cheer for Central. As a freshman, this was one of the first few games Heller cheered at in high school. "It's different for me. Others on the team have more experience than I do, and I'm new on the team," Heller said. (L. Mayorga)

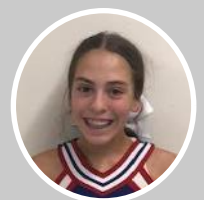
3. Setting An Example At Brady Street Stadium, **Allie Lorber ('22)**, **Waveland Rushton ('20)** and the other cheerleaders lead the student section. Rushton served as a captain of the cheer team. "It was extremely fun being captain, and I had a really great time bonding with the other members and being a good role model for the freshmen on our team," said Rushton. (L. Mayorga)

Is High School Cheer a Sport?



"I think cheer is a sport. We're pretty active, and we really do compete. We don't do as much training as competitive cheer, but we definitely work hard." -Shyisha Hodges ('20)

"I believe high school cheer is not a sport, but all-star cheer is. High school is more spirited, and all-star cheer is more on the competitive side. I think that high school cheer and competitive are pretty much the same." -LilyAnne Heller ('23)



"I think cheer is a sport to a certain extent. In high school cheer, we put in as much work as competitive cheer does. Cheerleading at Central is more like an activity." -Keely Behan ('20)