

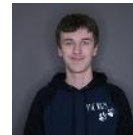
# PITS & PEAKS



Leia Payton



Jenna Shirley



Aaron Morgan

## Students discuss how their mood changes with each class

Happy, grumpy, sleepy, and bashful- several emotions running through students' minds. Moods may be altered due to our bodies, the environment around us, and even the classes attended.

Some students at West experience these mood changes block to block. Often times, students love one block but dislike another.

Junior **Leia Payton** said, "I have orchestra first block and I really like orchestra, but I always dread my second block, which is writing." More often than not, students enjoy classes they have chosen to enroll in for personal interest.

"My mood definitely changes. My second block is photography, and I love photography,

but I have D lunch and then go to gym. It's horrible," said junior **Jenna Shirley**. Among each student, pits and peaks differ.

Electives seem to be a very popular peak within academics. "I do not like English, and that's my first block. It's a new assignment every day; if you miss one day, you're super behind. I do like my fourth block which is civil engineering and architecture," said sophomore **Aaron Morgan**.

Each and every day for West students poses a new opportunity to prosper. Whether emotions run high or low, every student has a story to tell about their daily experience.

Story By: Daizie Johnson, Abigaile Paper and Kennedy Wink



**Cheers To That.** (Above) Tiara Wilson '23, Jasmine Delvin '23, and Brianna Gonzalez '23 feel a mood shift whenever they enjoy quality time together. Gonzalez found that pits easily become more bearable with her friends by her side. "My friends put me in a good mood when I'm not already. They always know how to make me feel better and know what to say to cheer me up," said Gonzalez. Photo By: Brianna Gonzalez



**Miss Potato Head.** (Left) Madi Schoen '20 eases her stress with the comfort of food. More specifically, Schoen expressed her love for potatoes to be indescribable. "When I am sad, any form of potato makes me happier. Homemade mashed potatoes slap," said Schoen. Photo By: Madi Schoen

**Friends First, Problems Later.** (Left) Kadin Emery '21 releases stress through the uplifting energy that friends bring. While days became overwhelming, Emery turned to friends for a better experience. "When I'm having a bad day, it puts me in a good mood to hang out with friends," said Emery. Photo By: Kadin Emery

## Super Sacrifices



"I am not able to do choir or show choir this year, so I made a trade for Newspaper. Newspaper and AP Government both run during fourth block; I try to go to Newspaper Mondays and Fridays, but it's difficult to work on the print issue."  
-**Laurence Walker '20**



"I've had to miss out on sports or family events for practices and school-related events. Sometimes I've had to miss things because I have to study for finals."  
-**Brianna Aleksiejczyk '22**

# freshmen

## FAILS



"I missed a day of class, so I asked my Geometry teacher what I missed. She said nothing, but I ended up with a C+, and I was upset."

**-McKenzie Schertz '23**



"My dad started doing laundry and shrunk all of my clothes that I have to wear to school."

**-Mitch Erwin '23**



"I was honestly nervous about where I was going to sit at lunch. I used the same staircase for a while because that's the only one I knew, and I didn't want to get lost."

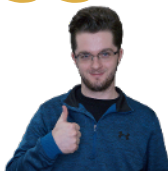
**-Karle Hill '23**

# senior

## SUCCESS

"Since I have been here so long, I am closer with the teachers, and it is easier to manage school work with extra curricular activities. I am put in the front more often for show choir."

**-Jacob Heim '20**



"Being a senior is beneficial because I like having open blocks, since I live so close I can just go home and take naps."

**-Kelley Wohlers '20**



"Through the past four years at West, I've learned to mature through different life situations and to accept people through different experiences. I've made relationships with mentors and teachers. Engineering helped me mature."

**-Zac Stasz '20**



# Silver

## Lining

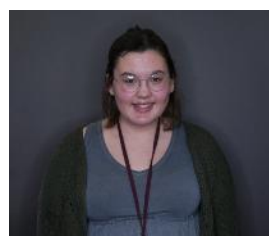


"I thought my psychology class was going to be really bad, but it turned out wonderful. I ended up liking the other people in the class."

**-Elijah Walker '21**

"One morning I spilled coffee all over myself. I tried to convince my mom to let me stay home, but she said no. Then, no one even noticed and I ended up having a very good day."

**-Megan Dunn '22**



"I got a new phone recently and I took out the SIM card. When I put it back in, it was backwards, the whole time I thought it was broken and I was going to have to get a new phone, but it ended up being fine."

**-Anna Dennis '23**

"I thought joining band and drumline was going to be really difficult. I thought I was going to mess up a lot during performances and football games. But it ended up being a lot of fun, and I met a lot of new people. I had a lot of good experiences."

**-Naseem Newman '22**



"I have to cut weight for wrestling, so I have to avoid fatty foods and large quantities. I eat lots of protein and small portions, but I don't eat a lot throughout the day."

**-RJ Molloy '21**



"I have a bad grade in Spanish and my mom keeps threatening to take my phone away. I've lost my phone multiple times because of my grades."

**-Hailey Harrington '23**



"Looking Back, I had a lot of mental breakdowns. Moving Forward, I feel accomplished, and I'm excited for college."

**-Arissa Constantino '20**

