

Gitanjali Singh
 Vidal Spaine
 Paul Sporleder
 Mary St Clair
 Charissa Stanley



Brent Stemsrud
 Joseph Thering
 Jill Versteeg
 Corinna Weber
 Scott Weinheimer



Jason Weite
 Joleen Weller
 Taylor Wells
 Jill Wibben
 Kori Williams



Nikki Dorr



Thank you for helping me become the teacher I am today. I'll never forget (or forgive you for) when you showed me your class pet - the jumping ferret. Our hallway will be emptier without your awesome jokes and boundless knowledge. I hope you still get those six numbers and share your winnings with me.
 - To Mr.Long

Jamall Allan



How do measure a decade? From dear Rydell and burning up the quarter mile, thousand dollar plants, Wildcats in the house, strategic blocking choices of standing by the drums, missing the iconic red wig, tales as old as time, an inability to stop the beat, teaching rap (an image none of us will forget), and living for No Day But Today, to what became the final Act, it has been a true blessing and privilege to collaborate with you. I can't believe this journey is being forced to end... "Sail on... Sail on by..."
 - To Ms.Squires

Kortny Williamson
 Garrett Woodson



Camila Olivares/10



"To the world you may just be a teacher, but to your students your a star. I'm going to miss you!"
 - To Mr.Hall

Ryleigh Hayworth/12

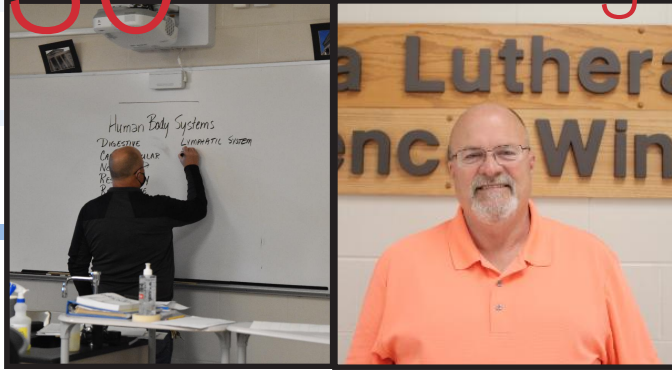


"Thank you for giving me so many opportunities to grow as a musician and as a leader. I'm going to miss you as a teacher!"
 - To Mr.Thering

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 These teachers
 have done so much for
 the East High community,
 you will be missed!!

Tribute to our staff

30 Lowell Long



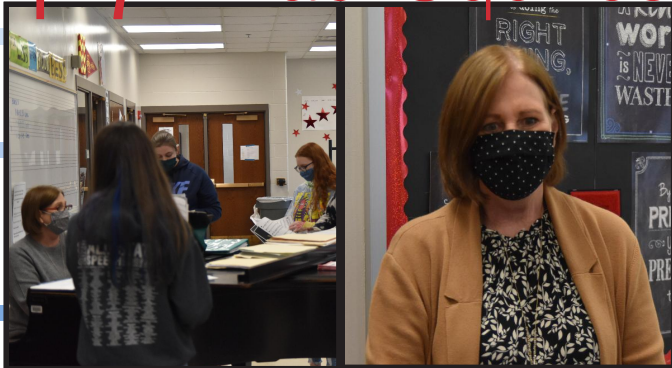
"Goodbye East High! I have had a great 30 years and could not have had a better career. I will miss East, students and colleagues. To the students, keep that chip on your shoulders and go out and prove to the world how great the East side really is," Lowell Long said. Mr. Long has taught science at East for 30 years. He will miss being with his students and staff.

29 Jeffrey Hall



"I have always said I hated two statements that students use too often. First is "I don't care" I don't care what it looks like or I don't care what grade I get as long as I pass. You need to have the attitude that will only be satisfied with good. If you learn anything from me and my classes, it is to strive for good and care enough to keep working until you reach GOOD," Hall said. Mr. Hall has been the Industrial Technology teacher at East for 29 years. He will miss being with his students and meeting new ones.

17 Traci Squires



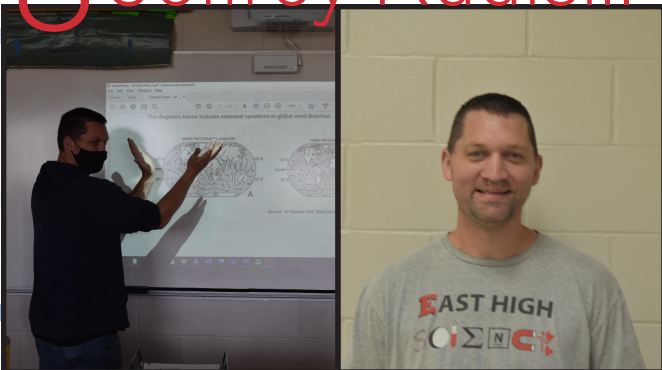
"I directed concert choir, chamber, choir advanced and beginning handbells, and show choir. I will forever be grateful for the opportunity to teach at my alma mater (EHS '79). Thank you to the staff and parents that have supported me through the years. I will miss all of you" Traci Squires said. Squires has taught all different kinds of choirs at East for 17 years. She will miss working with her students and staff.

9 Joseph Thering



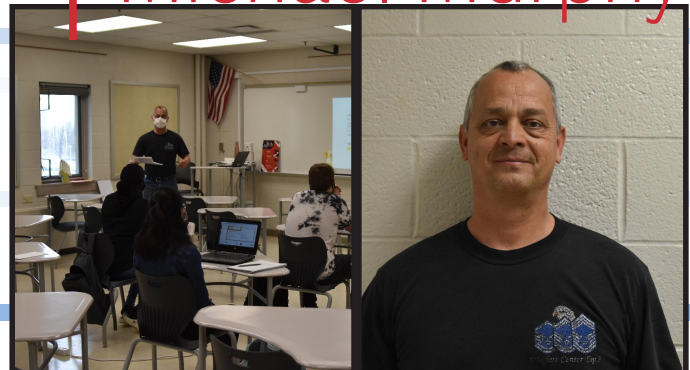
"Writing a goodbye letter to East has been one most challenging writing requests of my career. I'd like to start with goodbyes. I found myself trying comfort my student by telling them "Des Moines isn't that big I'm not moving out of town so you'll still see me around." When I was hired, the vice principal Soesbe asked me, "Are you enough to handle this job?" and I said, "I think the job and me will grow together." I always thought it was going to be in quantity, but instead it was in quality. I'm a better teacher and person for having been part of East, its community, its history, and I wish for all of East, in all of its complexity, diversity, and growth, the best for its future," Thering said. He has been teaching band for nine years. He will miss all of his students and friends.

8 Jeffrey Rudisill



"East High School - thank you for making the last eight years of my life fun, exciting, and worthwhile. East will always be a special place for me. The connections I have made with current and former students and staff will stay with me forever," Rudisill said. Rudisill taught science and he will miss teaching his students and making new bonds with students.

1 Michael Murphy



"As Master Yoda says in the Empire Strikes Back, "do or do not, there is no try." As you are getting ready to graduate from high school please remember to do your best at everything. I have learned a lot from my students and you will always be apart of who I am. The best of luck to you all in you adventure of the future," Micheal Murphy said. Murphy has taught intro to stats at East for one year. He will miss working with his students.

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