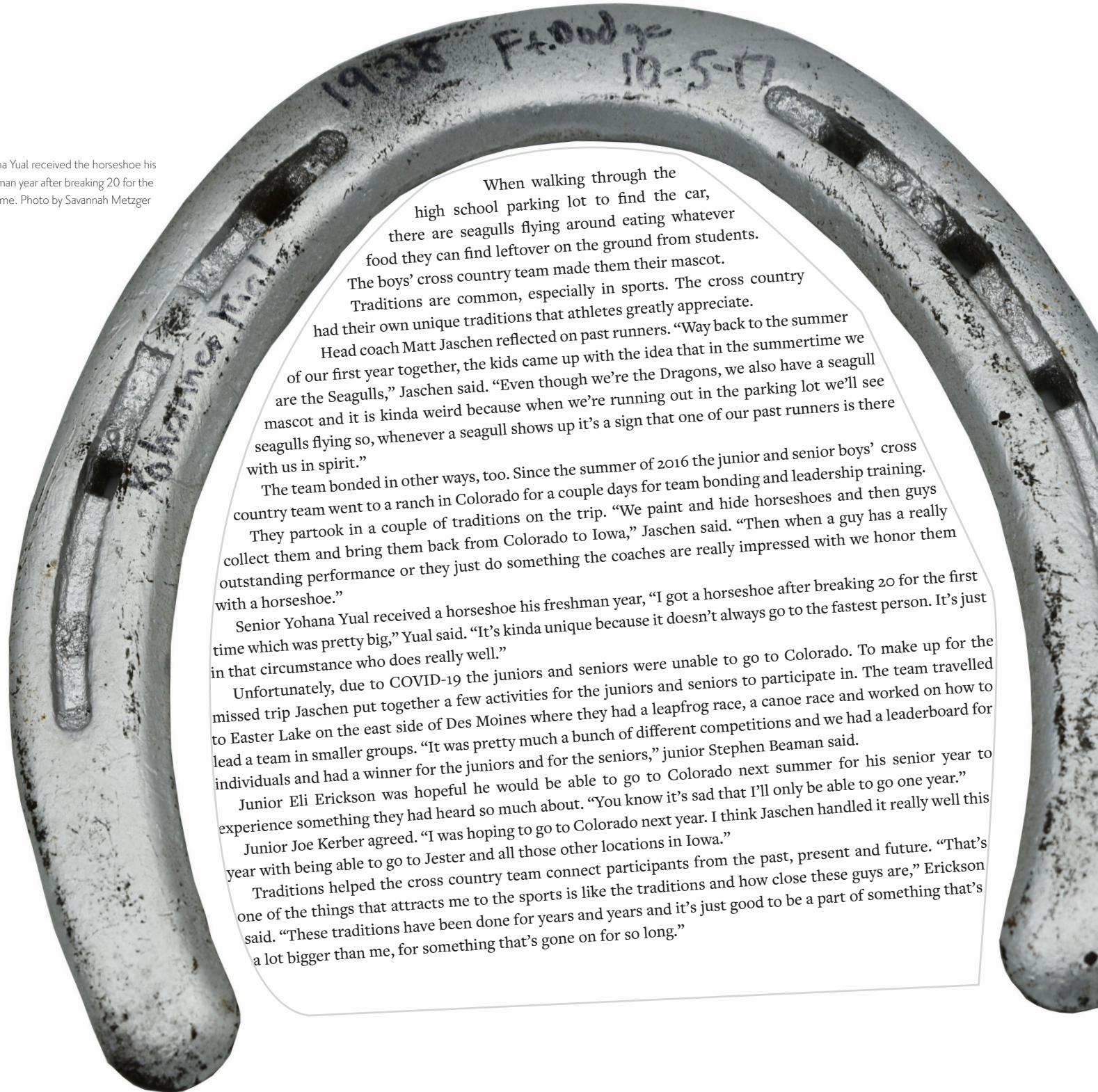


# seagull spirit

## Traditions run deep for boys' cross country

Yohana Yual received the horseshoe his freshman year after breaking 20 for the first time. Photo by Savannah Metzger



"It's (scavenger hunt) a huge team bonding thing, and i feel like it definitely works. Like I said we all just got closer in our little pods and it makes our team chemistry much, much better on the court."

•**Dasha Svitashv '22**



Juniors Dasha Svitashv and Ava Smithson, freshman Maeve Rehmann and junior Jaeden Thompson.



Junior Ava Smithson, trainer Chris Wiedmann, seniors Taryn Mock and Lauren England.

"The best part of the scavenger hunt was getting to drive around to places in Johnston with my friends on the volleyball team. We chose to go to Chris' (Wiedmann) Room because it was on the scavenger hunt list and we thought it could be a funny picture as well because Chris is the athletic trainer so a lot of athletes new him pretty well."

•**Lauren England '21**

"We have a stuffed cat, his name is Church. It started when Josie Hovey got it for our coach somehow, I don't really know the exact story. She graduated in 2019 and then it's just been passed down through the seniors. A junior has it right now, but it's technically our responsibility. So we just bring him like everywhere we go as a team."

•**Abbie McLaren '21**

"We have this weird cat that we carry around. His name is Church. He's kinda a mess. I think he had a tail at one point but it's not there anymore. We just dress him up and kick him around and kinda abuse him. He's just our team mascot which is weird, but you know."

•**Nova Thornton '21**



"The Dragon hat is the senior leader 'award' and it was previously held by Alex Spear and at the banquet was given to Isaac Hodapp. The Dragon hat is an accessory that denotes leadership. The senior leader (only one of them) will wear it at meets and hype the team up."

•**Ryan Overton '22**



The golden head is a swimmer-made award, it goes to the person who had the best "bad" hair cut when we shave our heads."

•**Ryan Overton '22**



049 traditions

captions by: Vicki Verde  
story by: Vicki Verde  
design by: Vicki Verde