

Mental Health Care

By Jannie Gowdy

Music can be a wonderful thing. It amplifies our moods when we're happy, is there when we want to dance, and comforts us when we're down. Listening to music is a great way to take care of your mental health, and different types of songs help different people. This is what the collaboration playlist displays. I sent out a form to Baxter students, and compiled a playlist of songs that have helped them through a tough time. Listen through, and maybe you'll find a new comfort song or genre.









PLAYLIST

Collaboration Baxter Playlist

Meaningful songs from the Baxter student body that helps them through tough times. The Striker (Issue 3, Volume 3, February 2021)

Jannie • 33 songs, 2 hr 13 min

#	TITLE	ALBUM	DATE ADDED	
1	 Holy Ground Taylor Swift	Red (Deluxe Edition)	1 hour ago	3:21
2	 Two Sleeping At Last	Atlas: Enneagram	28 minutes ago	4:18
3	 Sweet Creature Harry Styles	Harry Styles	28 minutes ago	3:44
4	 New Slang The Shins	Oh, Inverted World	27 minutes ago	3:51
5	 Fall For You Secondhand Serenade	A Twist In My Story	24 minutes ago	3:05
6	 Dear Maria, Count Me In All Time Low	So Wrong, It's Right	24 minutes ago	3:02



Scan the QR code for
the full playlist!

