

What is your Love Language?

1. You find it meaningful when...

- a. someone you love writes a nice note/sends you a message for no special reason
- b. someone you love helps you with your responsibilities
- c. someone you love shows you affection by hugging you
- d. someone you love surprises you with small gifts
- e. someone you love plans a special day for just the two of you

2. Would you rather ...

- a. be with someone who listens to you and tries to understand your feelings
- b. be with someone who doesn't mind doing things for you when you're stressed/busy
- c. be with someone who shows their love and support by hugging you, holding your hand, etc
- d. be with someone who prioritizes holidays and loves giving gifts
- e. be with someone who loves spending time with you no matter what it is that you are doing

3. Which gift would you rather receive?

- a. a number of letters explaining how they feel about you
- b. your favorite meal delivered to you
- c. gift certificates for a couples massage
- d. a new pair of shoes that you've had your eyes on
- e. a trip for two to your favorite place

4. When you're sick you expect the person you love to...

- a. message you throughout the day and remind you to take care of yourself.
- b. do your homework for you.
- c. give you massages/rub your hair.
- d. bring you a basket of your favorite things.
- e. come over and watch movies with you.

5. What trait do you look for in a significant other?

- a. a good communicator
- b. helpful
- c. expressive
- d. giving
- e. sociable



6. Which statement best describes you?

- a. I love when people tell me what they like about me.
- b. I love when someone offers to help with something or do something for me.
- c. I love feeling close to someone.
- d. I love when people give personal gifts.
- e. I love spending time with the people I love.

If you got mostly A's, your love language is Words of Affirmation.

If you got mostly B's, your love language is Acts of Service.

If you got mostly C's, your love language is Physical Touch.

If you got mostly D's, your love language is Receiving Gifts.

If you got mostly E's, your love language is Quality Time.