

La Regia Taqueria

Former City High student Irvin Mendez's local authentic Mexican restaurant "La Regia Taqueria" wins awards for the 8th consecutive year

By Maya Morales

Local eatery La Regia Taqueria has won "Best Mexican Restaurant in Iowa Award" for the 8th year in a row. The restaurant opened in 2013 serving authentic Mexican dishes created from fresh ingredients, as reported by the community.

La Regia's co-owner Irvin Mendez is a former City High student. "We focus on making sure our

service is good, our customers are happy, and safety," Alumni Mendez said.

People reportedly come from all around to eat at La Regia Taqueria. La Regia serves authentic Mexican food such as tacos, sopes, burritos, rice, beans, and tortas. Plus, the restaurant hosts seafood and vegetarian sections.

"I drove 150 miles to come to eat here," one customer said. "My son

comes here all the time and tells me how good it is. I had to try it. Best Mexican food I ever had."

The COVID-19 pandemic reportedly did not stop business for La Regia. According to the restaurant owners, they thought of ways customers can get food safely.

"We usually clean everything, so cleaning wasn't that big of a change. Employees wear masks at all times," Irvin Mendez said.

Not a single worker is just standing. Someone is answering the phone, getting online orders ready, cleaning, or going back to the kitchen to help. In addition to being a busy shop, La Regia Taqueria caters locally while expanding through social media outlets. In the future, La Regia Taqueria is going for the "Best Mexican Restaurant Award" for the 9th year in a row.

BELOW: Fresh La Regia Taqueria carnitas tacos. PHOTO BY HAILEIGH STEFFEN

