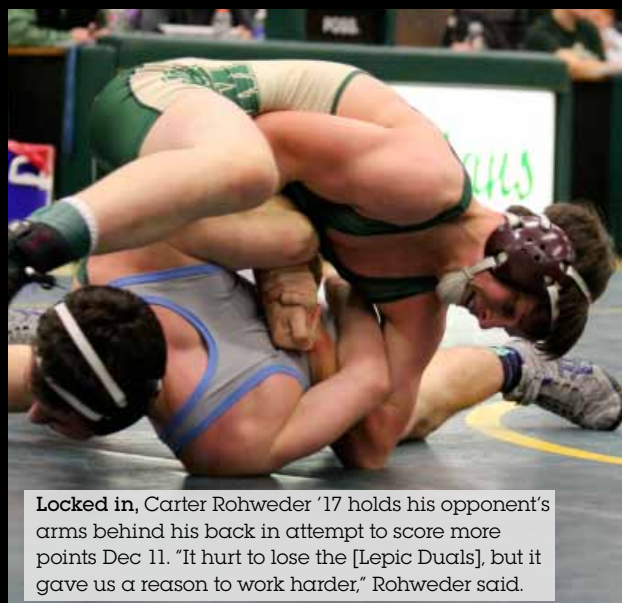


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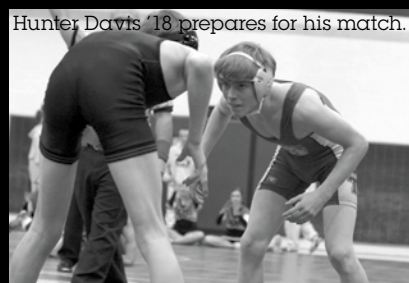
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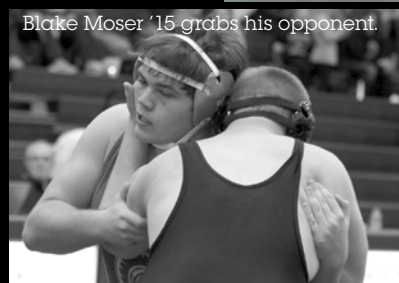
Take down! Nelson Brands '18 wrestles against CR Jefferson. He placed first at the MVC Super Meet. "I was ranked seventh, and beat three ranked kids to win the tournament."



Locked in, Carter Rohweder '17 holds his opponent's arms behind his back in attempt to score more points Dec 11. "It hurt to lose the [Lepic Duals], but it gave us a reason to work harder," Rohweder said.



Hunter Davis '18 prepares for his match.



Blake Moser '15 grabs his opponent.



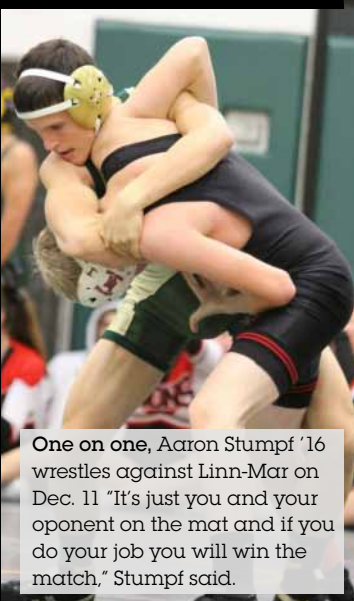
Mitch Yoerger '15 wrestles the Spartans.



Ready to wrestle, Donovan Doyle '16 takes on the Spartans. Doyle scored his 100th pin this season. "I try and focus on myself and not on my opponent," Doyle said. "I just wrestle the best that I can and put up as many points as possible."

OUTCOMES

CR Xavier	51-26
Gardner-Edgerton	11th
Linn-Mar	17-45
CR Jefferson	27-44
CR Kennedy	9th
Cedar Falls	24-45
Dubuque Senior	60-13
Harlem	27th
Kaukauna (WI)	19th
City High	53-24
Lepic Duals	2nd
CR Washington	70-12
CR Kennedy	48-19
Dubuque Wahlert	37-27
Urbandale	9th
MVC Tournament	3rd
Regionals	3rd
Districts	1st
State	11th (tie)



One on one, Aaron Stumpf '16 wrestles against Linn-Mar on Dec. 11 "It's just you and your oponent on the mat and if you do your job you will win the match," Stumpf said.



Looking for direction, John Milani '15 goes for the win against the Spartans Jan 10. "I was coming back from an injury this season and didn't wrestle until January," Milani said.



Looking to the coach, Tanner Rohweder '15 seeks direction on a move Jan 10. "The season started out with less firepower than we should have had."



Using his strength, Nate Kelsay '16 wrestles his Linn-Mar opponent Dec 11. He placed fifth at the MVC Super Meet. "We all worked hard this season," he said.

After a month of workouts, eating right and keeping weight off, Carter Rohweder '16 stepped onto the mat at Gardner-Edgerton for his first match of the season. "The season started as well as it could given the circumstances," Carter Rohweder '16 said. "We were missing some key players, but the younger guys got a chance to step up."

Knee injuries kept seniors John Milani and Mitchell Yoerger out the first six weeks of the season. "Tournaments were hard at first," Milani said of his mid-season return. "I was definitely not in very good shape." Without those two, the Five Seasons dual tournament began with a loss to Charles City. But West defeated CR Kennedy and Urbandale, placing ninth. Doyle, Nelson Brands '18 and Tanner Rohweder '15 went 3-0. "We were still down as far as our lineup goes," Tanner Rohweder said. "[The Five Seasons] is one of our earlier competitions, so we still had some work to do." Ready for the rivalry, West traveled to City High on Jan.

8. Carter Rohweder started with a pin, but City followed with three pins. West ended up winning, 53-24. "We messed up a couple matches here and there," Brands said. "And I don't like to lose."

Two nights later, West's gym was crowded with fans for the Lepic Duals on Jan. 10. West beat four teams but lost to Alburnett, 31-37. Doyle scored his 100th pin of his career. "It's a cool milestone to happen along the way, but not my end goal," Doyle said. Then the Trojans got ready for the MVC Super Meet on Jan. 31. West finished third, with individual titles from Brands, Doyle, Milani and Tanner Rohweder. "I don't dwell on things like that, because there's always work to be done," Tanner Rohweder said. West sent six wrestlers to Des Moines for State: seniors John Milani and Tanner Rohweder and juniors Donovan Doyle, Nate Kelsay, Blake Moser and Aaron Stumpf. Rohweder placed 3rd, Doyle 4th, Milani 7th and Stumpf 8th. The team tied for 11th.

—By Aileen Weeks

Wrestling

101

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