

DRESS to EXPRESS

NOT to IMPRESS

Sag is Swag?

by freshman Raegan Swangel.

Pants. They're a great way to keep you covered. Great invention. But to all you crazy kids who like to wear your pants saggy, you're kinda missing the point of wearing them.

You think you look stylin', but you look like you have a full diaper, sweetheart. Next time you should wear some suspenders because you're asking for a weggie.

This hideous, eye burning "fashion" statement has made it's way around the world taking over cities EVERYWHERE.

You should know having a strange safety violation like this one could easily become a public embarrassment by taking a tumble from tripping on your own pants.

I have many problems with this crazy pants situation, but the most is that it is disrespectful. How you ask? Just think about the children. You are carving inappropriate images in their tiny little minds. What

if they start following the same habits you do?

The thought of a town full of saggy pants horrifies me. Why should we have to deal with the image of underwear everywhere we look? Honestly!

I even have first-hand experience of the trauma this can bring. I was happily walking into Walmart with my mother. I was scrolling my way through Instagram when I noticed this tall man in front of me. I honestly thought he was wearing no pants, but to my surprise he was...at his ankles.

I almost fainted at the sight of his boxers. This is an outrage! Why should we have to deal with the sight of this abomination? Really.

We need a solution. Oh wait, we have one. Belts. Ahhh the beautiful long strand of leather that is used for HOLDING UP PANTS!

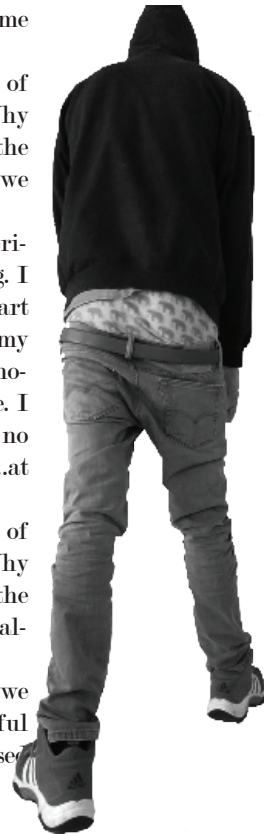


photo by junior Takoda Rhoades.

Other Fashion DON'Ts

- Gray on gray is a definite **no**.
- Please do **not** wear too much neon. (Being a human highlighter isn't cool!)
- This isn't the '80s, so do **not** wear denim on denim.
- Do **not** wear Crocs. It's as simple as that.

Gimmicks top (outer)
\$58.95

Gimmicks top (inner)
\$54.95

Flying Monkey jeans
\$49.95

Corral Indie Spirit boots
\$250



Dressed for Distressed

Distressed denim is making a huge comeback. You can distress a pair of denim shorts, jeans and even a jacket. Whether you pair it with a t-shirt or dressy blouse, you can look amazing. However you choose to wear it, distressed denim is a must have in your wardrobe. **Freshman Mikaela Meyer** said, "I like the way distressed jeans look."



All Knit Up

Luckily, being comfortable can be stylish. Knit sweaters and cardigans can be worn with jeans, skirts and everything in between. It's very versatile, so you can layer it, wear it by itself or even tie it around your waist. **Sophomore Hannah Fread** said, "Knit Sweaters are easy to change into after show choir, and warm to wear in the winter."



Mad About Plaid

A fashionable plaid scarf, trendy flannel, or even a pair of plaid pants will make you stand out this 2016. **Senior Hailey Olson** said, "It's Flannel Friday!"



Neff hat
\$18

Billabong shirt
\$32.50

Departmentwest jeans
\$69.50

Reef shoes
\$110



BOOTiful

Over the knee boots, combat boots, booties- Boots are the footwear for spring, summer, fall and winter. You can wear them with socks, without socks, with jeans, with dresses- with anything. **Junior Lauren Murray** said, "I wear boots so I can secretly wear fuzzy socks underneath and no one would know."



The Alien Nation

by senior Sarah Gallery.

I'm fat. I'm pale. I'm short. My thighs are too big. My face is too blotchy. My nose is too weird.

So I need to buy those skinny jeans. I need those trendy sneakers. I need that spray tan.

Where do people get these ideas? The media. Hoards of magazines filled with celebrities looking like they have it all and making you feel like you need to be the perfect package. It's time to stop this absurdity.

Calling out the media is a valid action. When it gets to the point where you can't flip through a magazine without seeing the same glorified, materialistic image, there needs to be change, but it's not the change you're probably thinking.

The change that needs to happen is with you. You need to realize the fantasy isn't real. That's it. Instead of feeling like a failure because you don't look like the photoshopped model in the fitness magazine or have the clothes like the model in the fashion maga-

zine, get a new mindset.

Instead of giving all the power to the media, it'd make more sense to take back your power by casting aside the absurd, subjective idea of attractiveness thrown in our faces.

You can start by not spending hundreds of dollars on "trendy" jeans or the "latest" boots. Besides, what's the point of spending \$100 on anything just because it's in?

Every dollar you spend on something "fashionable" feeds more money to the media so it can keep glorifying certain bodies and faces and clothes, which in turn, makes you feel like you're not good enough. Don't you see the cycle? Stop giving the "beauty" powerhouse more

money and attention.

Stop letting the media alienate your choices. You were the only one who allowed those ideals to be shoved down your throat. It's time to take your power back and dress to express, not to impress.

