

1

Performance PE

Students complete intense workouts and do activities such as kickboxing, circuit training and weight lifting. Angie Kalwies '16 lifts a kettlebell seventh hour Nov. 3. "I opted for the more advanced class because staying fit is very important to me," she said.

PHOTO BY JULIA AUSTIN



2

Intro to Theatre

In this trimester elective for those interested in the performing arts, students perform improvisation skits, learn how to portray emotions and read scripts. The class is taught by Katy Nahra and meets in the Little Theatre. Students get on stage and entertain their classmates. Intro to Theatre is a worthwhile class for students auditioning for school plays. Repurposing props, Genesse Zoluaga '19 uses a trophy as a microphone during sixth hour Oct. 30 in the Little Theatre. "The class is a group of creative and energetic students," Nahra said.



PHOTO BY HAILEY NIELSEN



PHOTO BY RACHEL MEYER

3

Treble Choir

Treble Choir is a yearlong elective available to girls. There are five choirs offered at West, and three require students to audition. Treble Choir and Bass Choir do not require an audition. Choir focuses on singing techniques, reading music and performance skills. Hannah Cantrell '19 and Ava Locher '19 sing in harmony seventh hour Nov. 2 in Room 142. "It's nice to have an easy class to end the day," Cantrell said.

Grammar

Grammar is a trimester elective that counts as a Language Arts credit. Affect or effect? Irena Charles '17 copies notes in her seventh hour class Oct. 27 in Room 122. "The fact that I have gone my whole school career without knowing proper grammar is funny," Charles said.



PHOTO BY HAILEY NIELSEN

10 CLASSES

to take before you Graduate



PHOTO BY HAILEY NIELSEN

Metal/Jewelry Work

This is a trimester elective that any student can take. Students use flames and saws to mold the metal. With perfect placement, Noah Tiegs '16 creates a bracelet in his fourth hour Metal/Jewelry Work class Sept. 16 in Room 155. "I'm making a bracelet with the song 'I Carried Your Heart' transcribed on it for my girlfriend for our two-year anniversary," Tiegs said.

PHOTO BY HAILEY NIELSEN



10 World Languages

Spanish, French and German are the three language classes available. Un cuento. Aisha Kazembe '18 writes a short story in her Spanish III class sixth hour Nov. 4 in Room 207. "It's important to know a language besides English so you can communicate with more people," she said.

7

Public Speaking

Public Speaking, a trimester elective, is suitable for people who are nervous about talking in front of an audience. Students learn to deliver speeches and give presentations. They also write their own speeches. Idan Nadler '16 gives a speech seventh hour Nov. 2. "[The class] blends in with my daily routine very well. You give speeches every day. You just don't realize it."



PHOTO BY RACHEL MEYER



PHOTO BY AVERY KOUT

8

Personal Finance

Personal Finance, a trimester business elective, teaches students how to budget money, create a bank account and invest. The class is for sophomores and higher. Brett Schroeder '17 listens as a classmate shares the earnings from stocks he is tracking in his fifth-hour class Oct. 30 in Room 130. "I was interested in the stock market and how investments work."

9

PHOTO BY ALLIE HAMBRIGHT



Ceramics

In this art class, students mold clay into shapes and then put it in a kiln. Camille Anderson '16 creates a bowl in her second hour class Nov. 3 in Room 160. "Ceramics is a great creative outlet," she said.

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PHOTO BY RACHEL MEYER

5

Foods 1

Foods 1 is an introductory course for preparing food available to sophomores and higher. The class focuses on kitchen safety, purchasing food and cooking. Maddy Cookman '17 and Heather Craig '19 make pizza Nov. 3 in Room 153. "Eating the food is the best part," Cookman said.

180 clubs&academics

9

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