

beyond the scores

Opponent	Us	Them
Red Oak	73	29
Glenwood	50	13
Carroll Kuemper	49	36
Shenandoah	48	45
Thomas Jefferson	60	22
Harlan	40	43
Creston	52	34
Clarinda	65	19
Atlantic	70	45
Glenwood	52	43
Denison	57	35
St. Albert	51	43
Abraham Lincoln	60	24
Harlan	43	42
<i>Regionals</i>		
Glenwood	49	33
ADM	50	33
<i>State</i>		
Pella	41	47



LEWIS CENTRAL VARSITY BASKETBALL
2016

Front Row: Kassie Larsen, Nicole Miller, Kye Madsen, Bryn Norville and McKena Duffek.
Second Row: Jacey Martin, Katie Duffy, Alissa Pomrenke, Ashtyn Miller, Hannah Dunlop and Madi Parks. **Back Row:** Coach Derek Archer, Coach Tom Hutchinson, Whitney Wilson, Maegan Holt, Dani Petersen, Madi Paulsen and Coach Chris DeMarque.

STEPPING UP



ALISSA POMRENKE '18

"This season has been really fun playing and the girls on the team help make it even better. I'm a lot more confident in myself (compared to being a freshman) because everyone believes in one another. Knowing that, it helps everyone out in their playing style and how they are playing!"



MADI PARKS '19

"It was an awesome experience to be a part of such an amazing team! The girls' determination to do the best to their ability was something that made me develop as a player and person. I've never had so much fun playing a sport than I did this basketball season."



HANNAH DUNLOP '18

"It is a big accomplishment to be able to suit varsity as a sophomore. It has been one of my goals for awhile and I'm just happy I got the chance. I think the atmosphere during the varsity games is a lot different than the JV games because you feel more like a team with the student section cheering for you."



WHITNEY WILSON '19

"It's awesome getting to play on the varsity level as a freshman. I love it! However, I sometimes do feel like I have pretty big shoes to fill. It's hard to meet the expectations that were made, but I always try to do the best I can!"

the next level



"For college, I plan to attend Iowa State University and major in fashion. I want to focus on school, but I know that I want to play intramural basketball also."

- Bryn Norville '16



"Though I want to play intramural basketball, I plan to focus on softball while at Simpson. I also plan to focus on school since I am majoring in elementary education."

- McKena Duffek '16



"I'm not sure what I plan to do with basketball. I'm definitely not playing for a school, but I might play intramurals or just pick-up basketball for fun!"

- Nicole Miller '16

OFFENSE OR DEFENSE



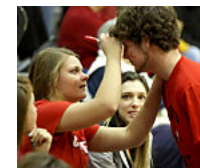
"I prefer defense during a game because I like the feeling of getting a steal, a rebound or making a hustle play. I also like defense because defense will ultimately win you games."

- Kassie Larsen '16



"I prefer defense because it creates our offense and it's fun to get stops. When transitioning, I remember that no matter what happens on offense, I still need to play good defense."

- Maegan Holt '18



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TRIM LINE

TRIM LINE

THE NEW NUMBER ONE

Taking Down the Cyclones

High school was not high school without the competition between fellow conference schools. It was rivalry that thrived through the veins of supporters, flooding them into the stadium or gymnasium with anticipation for the big game. Notorious for their athletic abilities, the Harlan Cyclones had always been a rival of the Titans - in football, in volleyball and even in baseball. However, girls basketball was always the most infamous. Ranked number one in the state, the rivals were on a winning streak that proved it was only a matter of time before they were defeated - and that's just what the Titans did. After losing to them in conference place, the ladies in navy blue and white were eager to play against their biggest competition again. They were hungry for redemption and eager to play since they had only lost by three points previously. "When it came to game time, we just focused on playing our game. We knew we could win the game if we played solid and didn't let them [Harlan] slow us down," said Nicole Miller '16, a veteran forward for the team.

Their practice indeed showed that they were prepared for the tough match-up. Just like the previous game, the two teams were even with each other through the four quarters. However, Lewis Central always had a knack for claiming the win in the final moments of the game, no matter the sport. Even with moments left and a technical foul sitting on their shoulders, the tough defense provided by the five players on the court helped the team gain one more win on the season. It was a win like this that proved the Titans should not be messed with, because if they were, they were only going to take their opponent down.



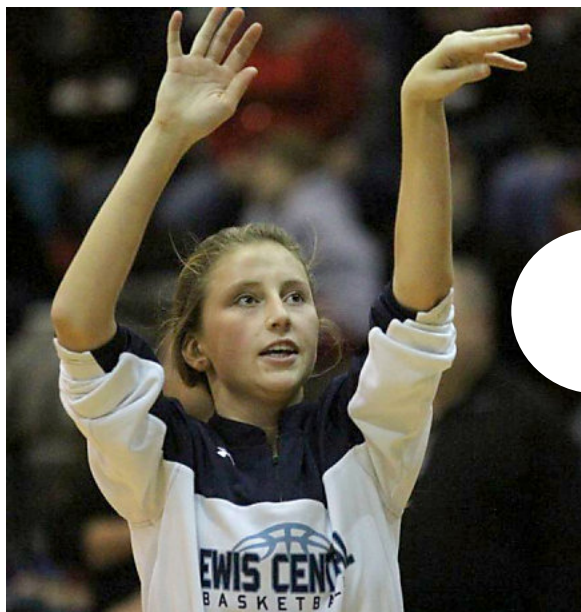
IN IT TOGETHER

With an opponent running at her, Kye Madsen '16 looks up from her dribble to pass the ball off to a teammate. "Working as a team is important because it leads to a greater success as a whole," said Madsen.

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TRIM LINE

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PRE-GAME PREPARATION

In the moments leading up to the game, Jacey Martin '17 takes a few more practice shots on the basket. "I do think the warm-up before a game is important! I think if you shoot more game-like shots in warm-up, you're more ready and willing to shoot in a game," said Martin.

ACCEPTING THE CHALLENGE

By keeping her arm on her opponent, Dani Petersen '18 knows where her mark is while she waits for play to resume. "Guarding girls that are larger than I am can be tough because I feel small, but it only makes me work harder to keep them from scoring," said Petersen.



TAKING ONE FOR THE TEAM

After getting the foul, Madi Paulsen '17 is helped up by her teammates so she can shoot her free-throws. "I don't really think of much when I get fouled, but I usually focus on my free-throws if I am shooting them because they help the team," said Paulsen.

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