SEASON RECAPS BY THE NUMBERS

Wrestling Dominates District Meet

By Jack **Bacon**

The City High Wrestling championship train keeps on rolling. Already Mississippi Valley Conference regular season and tournament champs, the Little Hawks added a District title last Saturday in Mount Pleasant.

City finished an impressive 35 points better than second place Iowa City West as eight wrestlers advanced to the State Tournament in Des Moines.

Ethan Wood-Finley, Joey Harney, Jacob Dykes and Jacob Murry won individual titles, while Lance Bormann, Kyle Hefley, Wilfred Kadohou and Brandon Lalla finished second, qualifying them individually for State. This strong performance sets up the Little Hawks for success this weekend.

Perhaps the Little Hawks' biggest surprise on Saturday was 170-pounder Brandon Lalla's second-place finish. By securing a spot at State, Lalla now is in position to grab City some much-needed extra team points.

"I feel like I wrestled pretty well today," said Lalla of his performance. "I set the goal of qualifying for State last year at the end of the season...the extra hours, the extra effort, it all paid off. With hard work and good partners, I made it through."

WILFRED

KADOHOU

'18

Lalla believes that his team's collective hard work will pay off for them this weekend at State.

"We need to try and go win the State Dual Tournament," said Lalla. "Then after that we will go on to win State."

To some on the outside, Lalla's appraisal of the situation might seem a bit optimistic. But for a team that has so far won every title in its path, there's really no reason to expect anything but confidence.

One thing is for certain: as the season nears the end of the line, the Little Hawk Express is right on track.

ROSE NKUMU '20 ANDREW ANTONIO FRANZ '18 TURNER '19

ONIO IER 19 FORREST

Forrest Frazier Leads Swim Team to 7th Place at State

By Rika Yahashiri and Eric Thomas

or the past 13 years the Boys State Swim Meet has been held at the Marshalltown YMCA. This year, the event was moved to Iowa City's own Campus Recreation and Wellness Center, giving high school swimmers from across the state an unprecedented level of opportunity.

"Now that State is at the fastest pool in Iowa," said Head Coach Zane Hugo. "We're gonna be seeing a lot of breaking records."

Forrest Frazier '20 proved Hugo right. Just a sophomore, Frazier has already demonstrated his prowess in the pool by holding four City High records and being a staple of City's state team last year.

This year, however, he proved he's on another level.

As an individual alone he captured two first place finishes in the 100-meter butterfly and 100-meter breaststroke, earning All-American status, and set the new state record for the 100-meter breaststroke, earning him the title of Athlete of the Year.

FORREST FRAZIER '20' "I mean I did really well in all of my individual events, [getting] two 'dubs' but I wouldn't have been able to do it without my team behind me, I'm really happy with what happened in the medley relay," Frazier said.

After just the first three events City had scored more points than they had last year at State. This was due in part to the second place finish of the 200-meter medley relay of Forrest Frazier '20, Louis Stephan '20, Eric Thomas '18, and Mickale Sadecky '18. The team also broke their own school record set just last week by almost three seconds.

This improvement from last season gives Hugo great excitement for next season.

"The next couple years are gonna be fast for City with the State team [being] mainly underclassmen, and our freshman who didn't make it to State all have potential."

