

Wrestling squad hopes to resume string of state dual appearances

Dangerously cold temperatures started 2014 with a bang. With below-zero wind chills Jan. 6, 7, 23 and 27, the Iowa City schools closed. The wrestling squad looked to start the new year with a bang, too, but without the need for hand warmers and puffy coats. "February 19th is where the 'highlights' start," individual MVC title winner Chris Walters '14 said.

Walters was talking about state duals, the biggest competition of the season. But the team wasn't always sure it had what it took to compete at that level.

"In the beginning of the season, we weren't really expecting much of our team," Mitch Yoerger '15 said. "We didn't think we were as good as past teams, but this is the hardest we've worked."

Having Iowa's 1991 NCCA championship winner Mark Reiland as coach has contributed to their success, Micah Kelsay '14 said. "It's definitely a confidence boost to have him as coach," Kelsay

said. "He's probably one of the best coaches in the state." With the coaches just feet away during meets, the Trojans said

they never lose that confidence.

"They actually watch your match and can help you with what you

need to improve upon later," Aydan Wynos '14 said.

Besides coaching expertise, West stood out by being in shape. "We're definitely in better shape than most of the people we wrestle," Sage Winser '17 said. "Going into the third period we're always still going strong when everybody else is dying off."

Stamina led the Trojans to outperform some tough competition. "Getting two big wins over Linn-Mar and Prairie felt great

because they were both ranked ahead of us," Kelsay said. John Milani '15 agreed, calling those two matches the most memorable of the year.

"Beating the number four and five team was the highlight of my season," Milani said. "It was fun being with the whole team and actually being successful."

The team's work ethic, combined with its desire to win, helped West move closer to its goal: state duals.

"Making state duals is important since we missed that opportunity last year," Reiland said. "A 10-year string was stopped, and we want to start a new string."

-By Olivia Ewing







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. FACE TO FACE, Tyler Hebl '14 looks to the ef Jan. 23. "I was looking at [the referee] to nake sure I was getting back points. It was a eall close match, and those back points led to nat win in overtime."

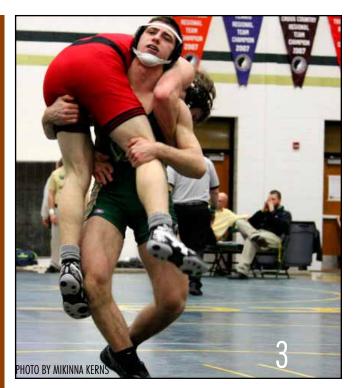
2. STANDING HER GROUND, Jasmine Baile 14 looks to take down a Cedar Falls wrestle an 23. " I like the competition," she said. "I' a competitive person and I like to win."

3. HOLDING THE UPPER HAND, Nate Kelsa 16 carries his opponent during the Lepic Dua an 11. "I needed to get the pin to score as nany team points as possible," he said.

4. ALL OR NOTHING. Jakeb Bakken '15 has extra motivation during senior night Jan 23. wanted some revenge considering he had eaten me before ... I needed to pin him for the team," he said.

A DEATH GRIP AND A READY STANCE give Jared Ford '14 an advantage during his natch Jan. 11. "When I wrestle, I don't think bout a lot. I just kind of react to what's goin n," he said.

. UP IN THE AIR, John Milani '15 control s opponent durina the Lepic Duals on Jan. . "I always try to wrestle on the offense, bu etimes when I wrestle tougher kids, I tend wrestle more defensively," he said.





OUTCOMES

Waterloo East/CR Jefferson	2nd
Gardner-Edgerton KS Invite	4t
CRANDIC	6t
CR Xavier/Dub. Hempstead	15
Five Seasons Duals	1 s
Dubuque Wahlert/Linn-Mar	1 s
Battle of Waterloo	7tl
Cheesehead (Kaukauna)	15tl
WaterlooWest/CR Kennedy	15
Lepic Duals	1:
City High	15
St. Charles West	4 t
CR Prairie/Cedar Falls	15
Ed Wingert Classic	3rd
MVC Tour	2nd
CR Washington/Dubuque Sr.	1 s
Regional Dual	15
Districts	2no
State Duals	5t
147 I.	7



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