

Claire Devine '14



Jake Ives '14



Emily Moore '14



Ricky Graef '15

HELPFUL WORDS

Waiting to donate blood, Kinnick Fox '15 and Chelsea Eret '14 kept each other calm while they talked before giving blood. "I was nervous, but I was just thinking about saving lives," said Fox.

DONATE READY

Ready to donate blood, Austin Staton '14 was eager to donate for the second time. "I've given blood at different places, so it's not a big deal for me," said Staton.



"I was thinking about how many people I was helping and when it would be over."

- Harley Stephens '15

"I was worried that I would pass out. Also, I felt I was doing something good and helping others."

-Breanna Berding '14



TRIM LINE

TRIM LINE

SAVING A LIFE

Donating to the Red Cross



Even though giving blood didn't seem like that big of a deal to the donors, it made more of a difference in the world than what they realized. Every year, thousands of people are diagnosed with a life-threatening illness, or are involved in a traumatic accident that requires blood. With the help of the NHS Sponsor Ted Duitsman and

President Morgan Jones '14, the blood drive was not only one of the most successful events of the year, but it was a giving experience that made a difference in someone else's life. With the needles and blood bags stocked up, students made their way down to the drive when it was their time.

"I was pretty calm, but really nervous because I didn't know what it was going to feel like. I didn't know if I was going to pass out or fall down once I started walking again.

But I was happy to donate," said Kayla Whitesel '16. With the help from Whitesel and roughly a hundred other students and facility members, a total of 312 lives were saved with the amount of blood collected.

Not only that, but the goal set for the drive by the National Honor Society was broken by exactly 24 pints. "They (the donors) did a good job making sure we reached our goal," said Kaylee Reynolds '15. "We put in a lot of hard work, and we hope to exceed that amount in the spring drive."

With the achievement of gaining more blood than required still in their minds, NHS members anticipated the arrival of the second blood drive later that spring. With many more people eligible to donate, they were able to collect 108 pints of blood.

Thanks to those individuals and their willingness to donate, the NHS and Red Cross were able to save lives and reward donors with the title of local heroes.

"I didn't know if I was going to pass out or fall down once I started walking again. But I was happy to donate."

-Kayla Whitesel '16



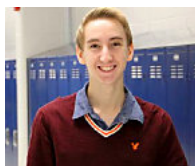
Blood Chart

Blood Type	Can give to	Can receive from
A+	A+, AB+	A+, A-, O+, O-
O+	A+, O+, B+, AB+	O+, O-
B+	B+, AB+	B+, B-, O+, O-
AB+	AB+	Everyone
A-	A+, A-, AB+, AB-	A-, O-
O-	Everyone	O-
B-	B+, B-, AB+, AB-	B-, O-
AB-	AB+, AB-	AB-, A-, B-, O-

1. Doug Oetting '14 has A+ blood. He can give to anyone with A+ or AB+ blood, but can only receive blood from A+, A-, O+ or O-.

2. Chelsea Bortolotti '14 has O-. She can give to any blood type, but can receive from only O-.

Get Prepared



"I wanted to volunteer because it was my first year in NHS and I wanted to enjoy the experiences."

Andrew Schnitker '15

"This was my third time donating blood and I feel that I should donate for those who can't."



Amy Epperson '14



"For NHS we carried in a lot of crates, but we got to see the equipment and how it worked."

Nicole Powers '15

"I'm not afraid of needles and it was an easy thing to do. Each time was super easy."

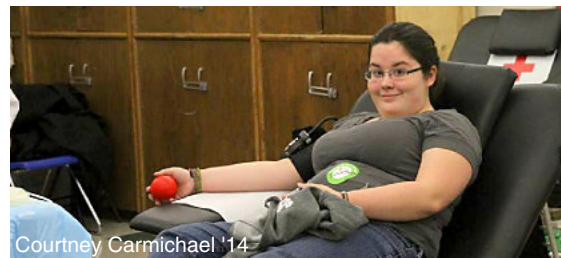


Henry Terry '14

BLOOD DRIVE



Blood Donors



Courtney Carmichael '14



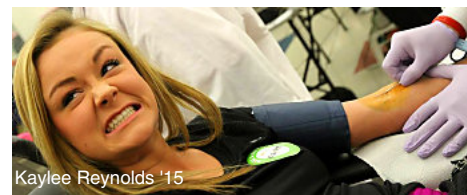
Joe Gilman and Blake Berringer '15



Chris Dowell '15



Allie Turpen '15



Kaylee Reynolds '15