

OCTOBER

Newsfeed

Chaos in Study Tables

After school, students have the chance to go to the library to study with some teachers and students who are willing to help. Last year the librarians provided granola bars to satisfy some of the student's hunger and to improve study performances. Granola bars will not be provided anymore. Due to the funds that were granted to the school for such products, granola bars were out-ruled in replace of possible new books, new chairs, etc. "It's sad we can't give them out anymore but sometimes things go for a good cause, and in this case it had to be them," said **Wendy Ziegler**, librarian. With the granola bars being gone, she's found more and more students approaching her asking about the granola bars. The snacks must have had more effect on Kennedy students than expected.

Newsbrief © Madison Shillings



Photo 1 © Diana Mejia



Photo 2 © Jessie Darland



Photo 3 © Jameela Habhab

Choosing to Save a Life

Cardiopulmonary Resuscitation, CPR for short, is a requirement for all high school students. "We come out to all high schools and teach them hands on CPR and choking," said **Amber Herboldsheimer** and **John Gillen**. Taking CPR has been a requirement since 2012 in Iowa, and you don't have to be a senior to do it. "We did around half of the freshmen this year at orientation," said Herboldsheimer.

Newsbrief © Erica Vavricek

Torch Distribution

The first Torch came out on October 4th, 2013 for the 2013-2014 school year. "All the staff worked really hard to meet the deadline," said **Abby Donovan '16**. Donovan is a writer for the Torch this year. "Everyone on staff gets along really well, which is a good thing because of the work we have to get done," said Donovan. This Torch issue is about the Millennial Generation.

Newsbrief © Jacy Chiramonte

Photo © Jessica Darland '14



Theodore Then '15

Photo © Erica Vavricek '15



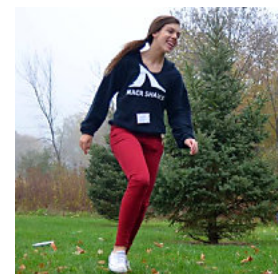
Kyle Scheer '16

Photo © Erica Vavricek '15



Andrew Stasny '14

Photo © Erica Vavricek '15



Raquel Green '17

Students Give to Mexico

Story © Erica Vavricek

The toothbrush drive is when Kennedy tries to collect at least 2,000 toothbrushes with interact club to take down to Xicotepec, Mexico. "Basically our goal is to get as many toothbrushes as possible because down there it's not common sense to brush your teeth, and when they grow up they have no teeth left," **Mallory Schatz '15**, a member of interact club said. Anyone who wanted to go could pay \$800 to go to Mexico to distribute the toothbrushes or do other services. 4174 toothbrushes were collected when the goal was only 2000 toothbrushes.

TRIM LINE

TRIM LINE



4.

Photo 4 © Brittany Vavricek

1. This lights and colors lab took place in **Nicholas Hayes** ' second period chemistry class. **Rachel Reed '16** and **Tasneem Sadok '17** were observing a light to find different characteristics about it, like frequency and wavelength.

2. Cross Country runner, **Ethan Williams '15** runs at a meet in Iowa City at the University of Iowa's Ashton cross country course.

3. The Best Buddies Dessert Social was an opportunity for this years' students to get to know their buddies. They got to know each other while enjoying some sweet treats. **Jordan Schwab '15** and **Stephanie Harris '16** attended.

4. The National Guard showed up in a second hour gym class with giant blow up spheres. Students would run at each other and bounce back, not getting hurt. **Alexus Theusch '14** is enjoying herself while getting knocked over by a passing person.

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TRIM LINE

Students Participate in Leadership Retreat



Photo © Erica Vavricek

Samuel Pape '17

"I learned a lot about different leadership skills, like how to lead a group and different ways to make activities go faster. I hope to bring what I learned back to Kennedy."



Photo © Erica Vavricek

Benjamin Sass '14

"It felt good to share my knowledge upon young people. We worked on teamwork and leadership skills. To be a leader I think it takes confidence and the ability to step out of your comfort zone when working with others."



Photo © Erica Vavricek

Lincoln Klopfenstein '17

The retreat was a blast because everyone there was able to learn multiple leadership skills. My favorite activity was when we had to solve a puzzle with our hands tied. It showed that a group needs to work together.