



Seth Signs '14

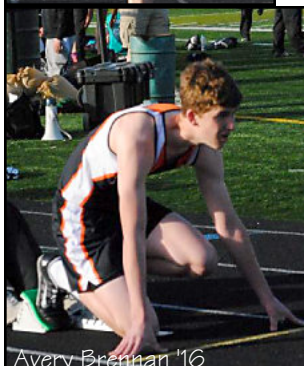


Kenny Clark '15

"One goal I have had this year for track was to run my 400 hurdles in under 60 seconds."
-Braden Furness '16



Braden Furness '16



Avery Brennan '16



Craig Ernsperger '17

{ Trample } the Weak

{ Hurdle } the Dead

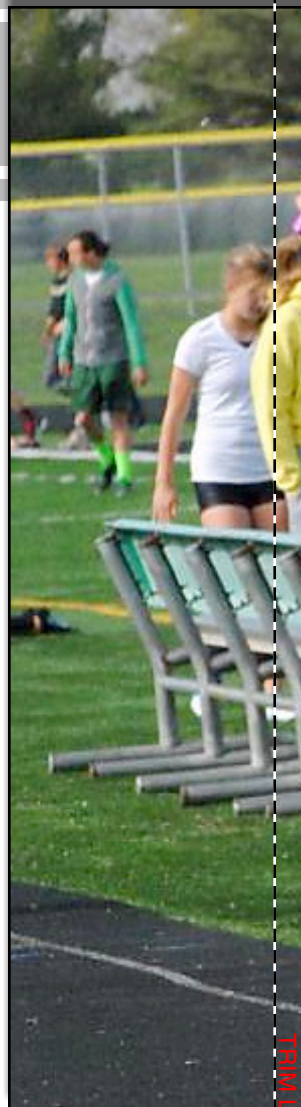
One Dream Under the direction of new head coach, Mike Anderson, the season began bright and early at 6 a.m. during the dead of winter.

Bringing new strategies and ideas to the track, Coach Anderson was determined to make this season as successful as it had been in the past. With that said, practices were run differently in order to get the boys in the best shape of their lives and ready to compete. New and different workouts everyday; no practice was ever the same. Even with many different changes, somethings remain the same for the boys track and field team: perseverance, dedication and team work.

With a strong, driving senior class leading the way for the underclassmen, nothing can stand in the way of their goals. Well, maybe the weather can. One of the hardest opponents these boys face is the weather. Many meets were canceled or cut short due to rain and cold, making their training especially crucial in order to keep up with the rest of their opponents in the next meets to follow.

The boys work hard everyday, come rain or shine in order to meet their goals. It shows in their meets and races. PR's are broken every meet, time after time, proving their talent. The dedication these boys show that track is more than just a past time, it's a passion.

-Anna Cunningham '15



State Qualifiers
4x800, Distance Medley, Shuttle Hurdle, Open 3200, Open 800





Mason Doty '14

Jason Brau '15

"The best thing about track is being able to work out and compete with a lot of great guys and a lot of good role models who are just as dedicated to track as I am."
-Jake Simon '17

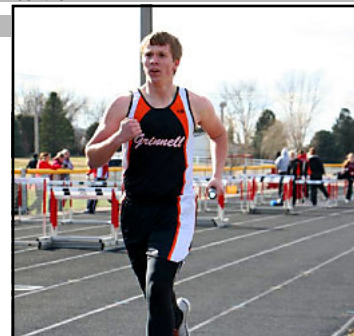
Jake Simon '17



Practice Makes Perfect Throughout the season, Jackson Schulte '16 has continued to PR in the 4X800 and the mile. All the members of the track team have one common goal, make it to the state meet in May. Placing second in the 4X800 at Conference, the boys continue to practice harder than ever to insure their goals come true.

Pace Yourself

Caleb Weaver '16 starts out fierce, getting out of the blocks quickly in order to get ahead of the pack, then paces himself the rest of the race, making sure his breathing is under control.



Fast Track

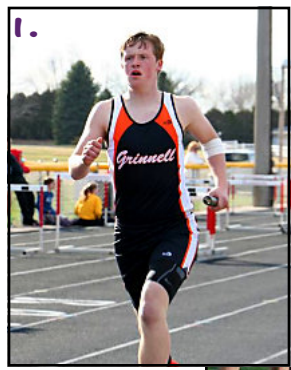
Freshmen runner Samuel Allen '17 doesn't hold back anything during his race. With the help of his teammates on the side cheering him on, Sam is able to kick it into high gear and finish the race strong and with a new PR.



Back Row: Coach Faulkner, Coach Anderson. Fourth Row: Robert Whitehead '15, Derek Jones '16, Joseph Rivera '16, Craig Ernsperger '17, Ryan Campbell '14, Chase Jensen '16, Avery Brennan '16, Paul Salmon '15, Joshua Burns '17. Third Row: Jason Brau '15, Seth Signs '14, Samuel Allen '17, Braden Furness '16, Michael Reaves '15, Kyle Moore '15, Curtis Cox '17, Luke Ellis '16, Kaden Moore '15. Second Row: Barrett Anderson '15, Bryce Lidtka '14, Jared Keenan '14, Jacob Cline '14, Jackson Schulte '16, Isaiah McAlexander '17, Ryan Hollibaugh '16, Levi Reinier '17, Kyle Gädler '15. Front Row: Gabriel Osborne '17, Mason Doty '14, Andrew Cunningham '14, Caleb Heinselmann '17, Brandon Roderick '14, Kenny Clark '15, Samuel Kibbee '15, Michael Murphy '16, Luke Roudabush '17, Jake Simon '17, Brett Gable '14.

1. The Race Is On

First year track runner Chase Jensen '16 receives the baton from his teammate, strides out around the track and then sprints the last 200 meters of his race.



2. Up and Over

Mastering the art of hurdles can be difficult, but not for Joseph Rivera '16. He swiftly glides up and over the hurdles advancing his team into first place.



3. Touch Your Toes

Bryce Lidtka '14 jumps with great force into the long jump pit, enabling him to move onto the second round.

5. In the Fast Lane

Lead runner, Andrew Cunningham '14, starts the 4X800 strong for the team, passing a DCG runner on the left, he gets around him and takes the lead of the race.



4. A Shot That Kills

Ryan Campbell '14 spends most of practice in the weightroom, lifting weights and getting stronger. Ryan uses his upper body strength to shoot his shot put across the field.

